

Changes to Safety Training for Swim Coaches Requirement for 2009 Registration Year

Information has been sent to LSC Registration Chairs about the updated Safety Training for Swim Coaches requirement.

These changes take effect for the 2009 registration year which begins in September. **The main change is that all coaches**

must successfully complete the online (25 questions) [Safety Training for Swim Coaches written test](#).

There are several options for completing the rest of the certification process:

1. "Challenge" the course.
 1. Take the online test and then demonstrate the [required water skills](#) to a certified Red Cross instructor who will issue a Safety Training for Swim Coaches card.
2. Present a valid and current lifeguarding card (Red Cross, American Lifeguard Association, Ellis and Associates, YMCA Lifeguarding, or StarGuard) along with email confirmation of the online Safety Training Test to your LSC Registration person.
3. Take a full Red Cross Safety Training for Swim Coaches 8 hour course. This includes the written test.

The options are explained more fully on the [coaches' page of the USA Swimming website](#).

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