

# **METROPOLITAN SWIMMING, INC.**

## **BOARD OF DIRECTORS MEETING**

Tuesday, December 4, 2007

**PRESENT:** Mary Fleckenstein, Scott Bartleson, Barry Roffer, Monique Grayson, Brian Brown, Bob Vializ, Edgar Perez, George Rhein, Mary Ann Senecal, Paul Simco, Corinne Cody, and Gil Smith. Richie Finkelstein stopped by to tell us that he did not have any report, but he could not stay.

**ABSENT/EXCUSED:** Larry Collins, David Ellinghaus, Bea Hartigan, Paul Furbeck and Erin Kiernan.

### **All votes were considered by voting members only**

#### **1: CALL TO ORDER, WELCOME, and INTRODUCTIONS:**

Due to the extreme cold in the meeting room, the meeting was called to order at 6:42pm, earlier than scheduled, at the Flushing YMCA. Mary welcomed all members in attendance.

#### **2: ACCEPTANCE/CORRECTIONS OF MINUTES:**

A motion to accept the minutes of the BOD of October 9, 2007, was made, seconded, and approved by all. Minutes were accepted as mailed. Mary made a comment that the coaches' uniform issue from Long Course Zones was still not resolved.

#### **3: GENERAL CHAIR:** Mary Fleckenstein

House cleaning items:

- a) Reminder: The only items that will be discussed by the Board at a BOD meeting will be the items on the agenda. All other reports (in MS Word format) will be included with the minutes. Those reports must be emailed to the General Chair and Secretary. The Board in attendance decided that reports should be submitted one week prior with confirmation of attending the meeting. If, at that time, we don't have a quorum, the meeting will be cancelled.
- b) We are still missing three reports from the 2007 USAS Convention: Bea Hartigan, Barry Roffer and Dave Ferris. Please submit as soon as possible. [Barry's report was received and was added at the end of these minutes.]
- c) Website: Ask The Officials: Paul Simco said that all the old questions will be taken off the website. Paul will also check the database and clean it up – removing officials that no longer officiate and updating database.
- d) Gil Smith, Old Westbury Aquatic Club, came to the meeting with a request Re: timing at JO's. OWA request that the team be allowed to secure timers from the participating teams, especially on Friday, in addition to the timers provided by OWA. After discussion, Gil Smith reworded his request: that OWA will be seeking volunteers from each team and in exchange OWA would give those timers a T-shirt, a meal and free admission. A vote took place. **All were in favor.** Gil Smith also made a motion to allow swimmers from OWA that did not make the JO cut, to be allowed to swim in one event at JO so the parents could volunteer. No one seconded this motion. It failed.
- e) Mary welcomed Alan Fischman who came in front of the board to introduce a new team, TRITON, which is based in Washington Heights and practices at the George Washington HS. Alan graduated from college 2 years ago. He also swam for the NYAC. The team is not USS at this time.

#### **4: TREASURER'S REPORT:** MaryAnn Senecal

Mary Ann did not have a report available for this meeting.

#### **5: FINANCE – BUDGET MEETING REPORT:** Corinne Cody

Mary thanked Corinne Cody and the Budget Committee for all their work. The Budget Committee was made of a very diverse group. They did a great job going over every budget item.

On September 15, 2007, the 2006 budget was voted into place. Adjustments have been made to reflect what would be more realistically expected based on complete results of the 2006-2007 fiscal year. There

were also adjustments made to allow for the additional expenses of Olympic Trial stipends and the need for a Zone Qualifier meet.

On November 16, 2007 the Budget Committee met and thoroughly reviewed all budget items. The Budget Committee and other LSC members proposed a list of adjustments which will be available for review. The adjustments proposed would reduce the deficit by \$51,991. The ending budget deficit would be \$10,699. A long discussion followed Corinne's review of the budget.

Bob Vializ made a motion to accept the Budget Committee's recommendations. George Rhein seconded the motion. Vote was called that resulted in 1 abstention and the rest of the votes in favor. **Budget Modification was approved by the Board.**

**6: OLD BUSINESS:**

None

**7: CLOSED EXECUTIVE SESSION**

**8: ADJOURNMENT:**

We will determine the date of the next board meeting after the House of Delegates.

A motion to adjourn the meeting at 8:40pm was made, seconded and approved by all.

**NEXT MEETINGS:**

- \* **Wednesday, January 9, 2008 @ 7pm – HOD at White Plains YWCA - Bid Meeting for LC Season 2008**
- \* **Wednesday, May 14, 2008 @ 7pm – HOD at White Plains YWCA – Elections and Bid Meeting for SC Season 2008-09**

Submitted by Monique G. Grayson  
December 13, 2007

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## **National Age Group Recognition Program**

The National Age Group Recognition Program is an awards program for the top level of age group swimmers. It is administered by the Times and Recognition Committee with the assistance of the USA Swimming Staff. All times which are accepted as "official times" by USA Swimming, from sanctioned, approved or observed competition, are eligible for consideration. The swimmer must have been a registered member of USA Swimming at the time of the swim.

All official times are considered reportable. A motivational chart will be published in the USA Swimming Rules and Regulations that shows the top ten times in each single age group, ages 11-17, from the preceding year.

The program awards consist of certificates which are awarded to the fastest 10 swimmers of each gender in each recognized event in each single age group, ages 11-17. The awards are made for both short course yard and long course meter events. In addition, the fastest swimmer in each event receives a pin.

Awards are also made to relay teams using standard age group definitions, beginning with ages 11-12 and continuing for 13-14, and 15-18. A club may only have one relay team listed in an event unless the other team or teams are composed only of swimmers not listed on the first.

Certificates and pins are distributed to the LSCs by USA Swimming Headquarters. The age groups used for individual events are 11, 12, 13, 14, 15, 16, and 17. Certificates for ages 11-14 will be sent from USA Swimming to the proper LSC. Blank certificates for ages 15, 16, and 17 will be sent to the LSC upon request. The LSC may print certificates for its athletes in those age groups. Beginning with the 2007-08 season, the age groups for relay events are 11-12, 13-14, and 15-18. Certificates will be sent for ages 11-12 and 13-14 and blank certificates will be sent upon request to the LSC for ages 15-18.

The time frame for each year's recognition is September 1st through August 31st of the following year. Lists are compiled and checked in the fall and the final list prepared and announced prior to the end of the year.

NAG Records will not be affected by this recognition program and will continue as presently implemented.

If you have any questions regarding the National Age Group Recognition Program, please contact [times@usaswimming.org](mailto:times@usaswimming.org).

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## 2007 USAS CONVENTION REPORT

### B. Roffer

**Zone Technical Planning**-Summer Sectionals will be at Penn State University outdoors. Entry goal between 2400-2500 entries.

Bonus-Entry bonus-1 event 1 bonus, 2 events, 2 bonus max events 7.

Summer Zones-they will adjust the cuts according to the 2007 Summer Zone Meet.

Yard cuts for Spring Sectionals shall remain the same.

**Registration Meeting**-USA Swimming will now do times from the NCAA meets.

Elsson will be available to clubs on how to register their athletes from Team Manager. Put together by Hy-tek and Bob Matlack.

**Safety**-As of September 2008 for the new registration year Lifesaving will no longer be accepted for Coaches Safety. If you have lifesaving you can take the Safety test on line. If you pass bring that card to the Red Cross which will allow you to take the Safety Course abridged version.

**Russell Mark Backstroke Technique**-There is more than one way to swim fast. 2 Common points-Deep catch, s shaped pull. Hip rotation assists power and velocity. Only a slight head tilt and the body must remain relaxed. Mistakes-head help too high, too much of a chin tuck, pushing head too far back.

Kicking is crucial timing of kick flow like a whip.

Pull depth-8 to 12 inches below surface. Not much of an s pull.

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