

METROPOLITAN SWIMMING, INC.
HOUSE OF DELEGATES MEETING
Wednesday, May 11, 2005

1: CALL TO ORDER, WELCOME, and INTRODUCTIONS:

The House of Delegates meeting came to order at 7:15pm at the White Plains, YWCA.

The list of Clubs in attendance is at the Metro office.

Mary Fleckenstein welcomed everyone present at the meeting. Sophie Staskiewicz (New Junior Rep) was not in attendance and couldn't be introduced.

2: ACCEPTANCE/CORRECTIONS OF MINUTES:

Corrections:

#1: Welcome/Introductions: ... and ~~introduced~~ **announced** Carolyn Johnson ...

#6: Administrative Vice Chair: ... opportunity to become aware ~~of~~ **of** possible consequences ...
Bob Carlucci made a motion to accept the minutes of the January 12, 2005 House of Delegates meeting.
Ray D'Annolfo seconded the motion. Minutes were accepted as corrected.

3: GENERAL CHAIR: Mary Fleckenstein

- a) The **Swimposium** was held April 30, 2005 at Asphalt Green. Those in attendance came away with valuable information. Approximately 50 swimmers spent time with Ben Michaelson in and out of the water. Sue Anderson led the Club development meeting for about 12 participants. John Wilson held an information session for about 15 officials. Scott Allen held a workshop for about 25 parents. All in all it was a very worthwhile day for Metropolitan Swimming.
- b) EZ Meeting was held May 7th in Newark, NJ. Here is a brief recap:
 - a. **Zone rule change: 13 & over swimmers who qualify for the USA Swimming Junior Nationals may NOT participate in Zones. This eliminates any mention of sectionals – therefore all sectional qualifiers may again go to Zones. This rule applies to the long course and short course meets.**
 - b. **Due to this rule change – technical planning recommends Zone Quals to be held March 17-19 to allow swimmers to attend both sectionals and Zone Quals.**
 - c. Sectionals: Any swimmer who qualifies for finals and does not properly scratch and fails to appear at said finals on the last night of competition will be fined \$50 payable to Eastern Zone within 30 days of the meet. If the fine is not paid – the TEAM the swimmer represents will be barred from future sectional meets until fine is paid.
 - d. Information for LC Super Sectionals can be found at <http://www.cbacswimming.org>
 - e. Short Course Speedo Series Sectionals will be hosted by New England Swimming and held at Harvard University, March 9-12, 2006
 - f. All teams are requested to review USA-Swimming policy on privacy.
 - g. Junior Nationals time standards were adjusted by .2 seconds per 50 yards.
 - h. Next meeting of EZ is at Convention. Spring meeting will be May 13, 2006 @ Richmond, VA.
- c) The board would like to thank Ryan Emanuel, Shannon Edwards and John Rodgers for their years of service to Metropolitan Swimming. We wish them good luck and success for next year.
- d) A team must be "in good standing" in order to have a vote at the House of Delegates meetings. Teams have 3 votes – all must be registered as non-athletes.
- e) Golden Goggle Awards will again be held in New York City on November 14, 2005. We hope to send representation from Metropolitan Swimming again this year.
- f) Metropolitan Swimming supports the USA Swimming policies on drug doping and steroid use: refer to our web page for the link to the USA Swimming policies and information on drug doping.
- g) Thanks again to the Washingtonville Seahawks for giving their pool at the last minute for the Age Group Championships North (applause).

4: TREASURER'S REPORT: Mary Ann Senecal

- a) The September 1, 2004 to April 30, 2005 report was available at the meeting. The overall balance changes every day. Gil Smith made a motion to accept the Treasurer's Report as presented. Holger Fietkau seconded the motion which was approved by all.

5: FINANCE CHAIR: George Rhein

- a) We will hold off on the Budget until the House of Delegates in September.
- b) Money that was invested last spring made about \$22,000 profit in 14 months.

6: ADMINISTRATIVE VICE CHAIR: Bea Hartigan

- a) Bea presented the **Outstanding Service Award, Sponsored by ConocoPhillips**, to our own General Chair, Mary Fleckenstein. Congratulations Mary for an outstanding job (applause)!
- b) All meet reports are to be sent out within 14 days of the end of a meet. Some are still due from the winter meets – Bea received two reports at this meeting. If you believe that you will be late, email Bea to let her know. Please make sure that you use the most current forms available on the Metro Website. Information has been added on those forms! Teams must be in good standing in order to vote at the House of Delegates.
- c) Bea gave a copy of her report from the Eastern Zone Meeting to be included with the minutes.

7: SENIOR CHAIR: Dave Ferris

- a) Senior Mets LC will be at Eisenhower Park as scheduled. Information will be posted on the website.
- b) Spring Speedo Champions Series 2006 – will be at Harvard University in Massachusetts in March.

8: AGE GROUP CHAIR: Eddie Lary

Eddie Lary was unable to attend the meeting due to a death in his family. Our condolences go out to Eddie and his family.

- a) Short Course Eastern Zone Team was extremely successful. Metro sent 106 swimmers to Zones and was overall Team Champion (first time in about 15 years). The girls' team tied for first place with Middle Atlantic. Both banners were on display at the meeting.
- b) Paul Furbeck attended the Age Group Chair Workshop in Colorado Springs on behalf of Metro. Paul thanks Metro for this opportunity. He learned a lot. Wants to help in the growth and development of the athletes. There will be a Zones All Star camp next April or May. The top 2 in each event from the LC Zones would be invited to attend. More info will be available at a later date.

9: COACHES' REPRESENTATIVES: Gil Smith

- a) **"Metropolitan Age Group Coach of the Year"** sponsored by the American Swim Coaches Association: must be selected by coaches. Send nomination of your choice of Age Group Coach (coach of 14-under swimmers) to Gil Smith by August 15, 2005 @ papabear122346@aol.com. Information was available at HOD. The winner will be announced at the September HOD.
- b) **Coaches must have current certifications with them at all meets.** Meet directors should appoint somebody to go around and ask all coaches to see their cards. If a non certified coach is on deck and an accident happens, then your insurance is null and void! List of coaches and their certifications expiration dates is available on the website. This list is updated almost daily. **Coaches must be prepared to show their card at all times.**

10: ATHLETES REPRESENTATIVE: Ryan Emanuel & Anthony Mironov & Sophie Staskiewicz

Sophie was not at the meeting. Anthony is now the Senior Reps. Thanks to Ryan (will go to UC Berkeley).

- a) Athletes Reps want to elect 4 athletes as **"Metro Age Group Swimmer of the Year"** every year. Award would be given at the Hall of Fame dinner each year. **It would be given annually to a male and a female swimmer 14-under and a male and a female swimmer 15-over.** Criteria for nomination will be finalized soon – it will be strictly performance driven. Swimmers will need at least JR cut to be considered in the 15-over age group, still be in high school, swam at least four Metro meets that year, have at least 3 years of swimming experience in Metro. They would be

nominated by coaches, and then the board would narrow down the list. Athletes will need help from Age Group Committee to finalize the nomination forms. Voting process will be finalized soon. It will be posted on the website. There will be no 2005 recipient. Selection period will start after the Hall of Fame dinner and go until May 1st of the next year. First awards will be given in May 2006.

b) Carle Fierro thanked Anthony Mironov who did a great job at Zones (applause).

11: TECHNICAL PLANNING: David Ellinghaus

David was unable to attend the HOD due to a Confirmation Sponsors mandatory meeting.

- a. Technical Planning and the Board of Directors have proposed the 2005-2006 Championship meet schedule. The proposed calendar was sent to the Metro Webmaster for posting on May 1st with an explanation for the calendar. The calendar represents the first step in a 4-year plan being worked on by Technical Planning, Age Group and Seniors Committees.
- b. Reminder concerning awards for Championship Meets: If in an 8-lanes pool: medals for 1-8 and Ribbons for 9-16 for individual events; medals 1-3 and ribbons 4-8 in relays - If in an 6-lanes pool: medals for 1-6th places and Ribbons for 7-12 in all individual events; medals 1-3 and ribbons 4-6 in relays. This is for Silvers, Junior Olympics, Senior Mets, 8&under and Age Group Championships. This rule was not followed by all host Clubs this past season.
- c. Qualifying Time Standards for Long Course Junior Olympics and Senior Mets have been posted. Reminder: converted times will not be accepted. Long discussion followed about YMCA meets not in the USA Swimming database – valid times but can't be proved through SWIMS database.
- d. Question: Should Invitationals be posted on the website? Robbie Ortoff made a motion that all Invitationals that will be posted on the Metro Website must include the names of all teams that are actually invited to the meet. Eric Hertenstein seconded the motion. Vote: 30 "for" – 22 "against".

Motion carries.

- e. Technical Planning has been asked to create guidelines for Metro run Relay Carnivals. Please send any ideas or suggestions. A formal proposal will be made at the September meeting.
- f. Teams bidding on distance sessions are reminded that they must specifically adhere to the Metro rule governing distance sessions in order to receive their stipend money. All of the following events must be held on the same day. The 1650 free may be held in a separate session on that same day to allow more swimmers to participate. Teams that want to add events to this list must ask the Board ahead of time, in writing, for an exception to this rule.
 1. 11-12 400 IM} (*can be held as 11-14 400 IM but awards must be given to 11-12 and 13-14*)
 2. 13-14 400 IM}
 3. 10-under 500 free}{*can be held as 12-U 500 free but awards must be given to 10-under and 11-12*}
 4. 11-12 500 free }
 5. Open 1650 free

g. Short Course Season 2005-2006 (see separate page)

- h. A motion to accept the 2006 Championships Schedule as proposed was made by Eric Hertenstein and seconded by Dennis Munson.
 1. A long discussion followed about the dates proposed for Senior Mets and JO's. Dave Ferris made a motion to accept the proposed calendar with the following amendment: JO's would be held February 17-19 (or 18-20) and Senior Mets would be held February 23-26. Ilan Noach seconded this motion. Vote: 30 "for" – 24 "against" – **motion carries.**
 2. A motion to move Silvers to February 3-5 instead of Feb. 10-12 was made by Carlé Fierro and seconded by Mary Ann Senecal. Vote: 5 "for" – everyone else "against". **Motion fails.**
 3. Final Vote: Majority "for" – a few hands "against" – **Calendar is accepted as amended.**
 4. Championship Meets Calendar Winter 2006 is as follows:
 - February 10-12 – Silver Champs: North: Condors; Central: APEX; South: TVSC
 - February 17-19 (or 18-20) – Junior Olympics at Eisenhower Park: TVSC & TS-HHH
 - February 23-26 – Senior Mets – Metro-run meet at Lehman College
 - March 4-5 – 8&Under Championships: Badger Swim Club at Lehman College
 - March 17-19 - Zone Qualifier - Metro-run meet at Lehman College
 - March 24-26 – Age Group Champs: North: VAC; Central: APEX; South: Hauppauge

5. Rich Finkelstein is asking TP to revisit the calendar if the Nassau County Pool is not available for Junior Olympics.
6. Request to Technical Planning to open Age Group Championships to all but Zone Quals. This would most probably be a problem for number of swimmers, especially at Metro South site.

12: OFFICIALS CHAIR: Holger Fietkau & Kris Sawicz

- a) Joseph Stetz Memorial Scholarship Award – 4 scholarships of \$500 each will be presented at the Hall of Fame Dinner. Winners are: Courtney Windler (Team Suffolk), Clare McKenna (Long Island Aquatic Club), Douglas Ellman (YWCA Middies), and David Caputo (Wagner Aquatic Club). Congratulations to all!

13: ZONE TEAM COORDINATOR: Barry Roffer

- a) Eastern Zones Long Course will be in Buffalo in August. 60 rooms have been reserved in Buffalo.
- b) Time standards are posted on website. Entries will be due sometimes in July. Swimmers that make **new cuts at JO's** will be able to enter these new events.
- c) Coaches that are interested in attending Zones must apply.

14: REGISTRATION COORDINATOR: Barry Roffer

- a) Happy 50th to Ilan Noach!
- b) Registrations are effective as soon as the money is received! DO NOT ALLOW SWIMMERS IN A MEET WITHOUT PROPER REGISTRATION. Use only club checks for registrations. Registrations for 2005-2006 season must be done electronically (by email or with a disk – no hand entries)
- c) Coaches must pass the ASCA Test before they can register for their second year of coaching. It is available online (under coaches section).
- d) Coaches must send in their new certifications, before their coach's card expires, to receive a new card – NO coaches should be allowed on deck without a current card! Roster is updated all the time.

15: NATIONAL TIMES VERIFICATION/TOP 16: Monique Grayson/Mary Ann Senecal

- a) Quiet time at the moment, but long course meets season is upon us.

16: WEB PAGE COORDINATOR: Monique Grayson

- a) Positive response from many on improvement to the website ("Late News" section and dates)

17: SAFETY COORDINATOR: Carolyn Johnson

- a) Adolph Kiefer Safety Commendation Award Nomination - Awarded to an individual or organization for demonstrating outstanding commitment to aquatic safety.
- b) First quarter accident stats from USA Swimming – Metro had 1 accident.
- c) USA Swimming Safety Education Committee policy on cell phone and video recording devices in locker rooms: USA Swimming recommends it be prohibited and is asking each LSC to adopt it.

18: HALL OF FAME: Len Galluzzi

- a) The Hall of Fame banquet will take place on the Tuesday May 24, 2005 at Riccardo's in Queens – Forms were available at the meeting. Members to be inducted in the Hall of Fame: Ray D'Annolfo, Ray Ruddy and Cristina Teuscher.

19: DISABILITIES COORDINATOR: Corinne Cody

- a) Long Course Zone meet applications for swimmers with disabilities will be available on the website: two swimmers 12&Under and two swimmers 13&Over will be allowed to attend.

20: OPEN WATER COORDINATOR: Bea Hartigan

- a) The Metropolitan Open Water Championships will be on Sunday, July 10th in Huntington – Registrations are coming in slowly.

21: SWIM-A-THON: Rich Finkelstein
No report at this time.

22: OUTREACH COORDINATORS: Brian Brown and Larry Collins
No report at this time.

23: OLD BUSINESS:

- a) Brad Evans from Half Hollow Hills made a motion to request that one coach per club be educated to recognize steroid use among athletes. Motion was seconded by another HHH parent. Discussion followed. 16 voted in favor of the motion. 30 voted against it. **Motion failed.** A link to the USA Swimming policies and information on steroids and drug doping is available on the Metro website.
- b) Bea Hartigan reminded meet marshals that one of their responsibilities is to check the coaches' cards at meets.

24: NEW BUSINESS:

- a) The Nominating Committee presented the **slate of officers** for election. Rich Finkelstein made a motion to accept the following members for a two-year term. Bea Hartigan seconded the motion – All in favor – Slate of officers was accepted as voted on.
 - o Age Group Co-Chairs: Paul Furbeck and Bob Vializ
 - o Treasurer: Mary Ann Senecal
 - o Technical Planning: David Ellinghaus
 - o Safety: Carolyn Johnson
 - o Board of Review – All members of Previous Board (2 new athletes will be asked to join)Bea Hartigan made a motion requesting the secretary to destroy the ballots. Gil Smith seconded the motion. All were in favor. Ballots were destroyed as requested.
- b) Bea Hartigan made a motion to deny the Metro distance stipend to teams that host Invitationals with a distance session. Paul Fortoul seconded the motion. Show of hands: 7 voted for the motion but everyone else voted against it. **Motion failed.**
- c) Dave Ferris made a motion to accept the **Metropolitan Swimming Club Achievement Program** (this proposal was posted on the Metro Website for review prior to this meeting). Holger Fietkau seconded the motion. Long discussion followed. We need to research if the tax exempt status will be affected? Closed vote was called – **Motion passed** – Proposal is accepted. Bea Hartigan made a motion requesting the secretary to destroy the ballots. Gil Smith seconded the motion. All were in favor. Ballots were destroyed as requested.
- d) Long Island Aquatic Club requested to switch their Junior Meet of Wednesday, July 6th to Wednesday, July 20th due to pool availability. All in favor.

A motion to adjourn the meeting at 10:22pm was made by Carolyn Johnson, seconded by Gil Smith, and accepted by all.

House of Delegates Meetings 2005-2006:

- **Saturday, September 24, 2005 – Mandatory meeting for all clubs - 8:30am at the White Plains YWCA – one athletes' rep (13&over) per team must be present.**
- **Wednesday, January 11, 2006 – 7:00pm at the White Plains YWCA – Bid meeting**
- **Wednesday, May 10, 2006 - 7:00pm at the White Plains YWCA – Bid meeting**

Submitted by Monique G. Grayson
May 17, 2005

METROPOLITAN SWIMMING, INC.

2005-06 CALENDAR

SEPTEMBER:

24: **Mandatory House of Delegates Meeting:** 8:30am at White Plains Y
25: Condors – Age Group – 2 sessions

OCTOBER:

8-9: BGNW Marlins Fall Meet - 4 sessions
14: ASCSC Relay Carnival (closed)
15-16: Asphalt Green Season Starter Invitational
16: Flushing YMCA - Distance Meet
21-23: Long Island Express Invitational – 5 sessions
22: Newburgh Sharks – Annual Red, White & Blue
22-23: Flushing YMCA – Junior Swim Championships
22-23: Three Village Swim Club – Ann Wycoff Meet
23: BGNW Marlins: Distance Meet
28-30: YWCA Middies Halloween Invitational
29: West Point Swim Club Halloween Meet - 2 sessions
29-30: Condors – 4 sessions
29-30: LIAC – Chappy’s Big Race Invitational – 4 Sessions - Age Group
29-30: Connetquot Swim Club – Fall Halloween Meet – 4 sessions
30: Badger Swim Club (2 sessions)

NOVEMBER:

4-6: Marist Swim Club Fall Invitational – 6 sessions
5: Sachem Swim Club Fall Meet – 2 sessions
5: Big Blue Harvest Meet – 2 sessions
5-6: Asphalt Green – NYC 2005 Open Invitational - Prelims: LCM – Finals: SCY
11-13: Viking Aquatic Club – Viking Classic - 6 sessions
13: BGNW Age Group Meet - 2 sessions
18-20: Flushing YMCA - Big Apple Classic
19-20: Gael Aquatic Club at IONA – 4 sessions
19-20: Aqua Gems – Early Bird – at Orange County CC – 6 sessions
19: YWCA Middies 8-Under Invitational
25-27: Long Island Express Invitational – 5 sessions
25-27: Asphalt Green – Thanksgiving Invitational – Distance Events Session
25-27: YWCA Middies Thanksgiving Invitational
26: Minissink Valley Aquatics – 2 sessions
26-27: LIAC Thanksgiving Invitational – at Nassau County – 4 sessions - Age Group

DECEMBER:

1-3: **US OPEN CHAMPIONSHIPS** @ Auburn, Alabama
2-3: Viking Aquatic Club: Short & Sweet x 2 – 4 sessions
2-4: Connetquot: Holiday meet – Distance session Friday PM
3-4: BGNW Marlins - Holiday Meet - 4 sessions
4: Gael Aquatic Club at IONA – 8-Unders only – 1 session
4: Condors: Mini Meet - Age group – 2 sessions
9-11: West Point Holiday Invitational – 7 sessions – T/F
10-11: Asphalt Green – New York City Qualifier Invitational
10-11: Newburgh Sharks – Blue & Gold Meet
16-18: Marist SC – Holiday Invitational - 6 Sessions
18: Badger Swim Club - 2 sessions

JANUARY 2005:

- 6-8: Aqua Gems January Blitz – at Washingtonville – 5 sessions
- 6-7: Sachem Swim Club Winter Meet – Friday evening: Distance – Saturday 2 sessions
- 8: Long Beach Aquatics Snowball Mini Meet – 8&Unders Only
- 11: **House Of Delegates/Bid Meeting:** 7:00pm at White Plains YWCA
- 13-15: Nu-Finmen – 25th Annual Dr. Martin Luther King Jr. Classic – 5 sessions
- 14-16: Asphalt Green MLK Invitational
- 14-15: Big Blue Swimming Snowball Express - 4 sessions
- 16: YWCA Middies 8-Under Invitational + 1650 Invitational
- 20-22: Long Island Express Invitational – 5 sessions
- 20-22: Newburgh Sharks – Trials & Finals Team Championship
- 21-22: Flushing YMCA – Fran Schnarr Pentathlon Sprint meet (or January 28-29)
- 21-22: Old Westbury Aquatics Invitational – 4 sessions
- 27-29: TVSC January Joust
- 28-29: Condors Swim Club – Age Group Meet

FEBRUARY:

- 3-5: YWCA Middies Winter Qualifier Invitational
- 10-12: **SILVER CHAMPIONSHIPS:** **North:** Condors – **Central:** APEX – **South:** TVSC
- 17-19: or 18-20 - **JUNIOR OLYMPICS:** Trials/Finals at Eisenhower Park – co-hosted by Three Village Swim Club and Team Suffolk – Half Hollow Hills
- 23-26: **SENIOR METS:** at Lehman – hosted by Metro

MARCH:

- 4-5: **8-UNDER CHAMPIONSHIPS:** Badger Swim Club @ Lehman
- 5: Long Beach – Kiwanis Meet – 9 & over swimmers only
- 9-12: **SPEEDO CHAMPIONS SERIES (SECTIONALS)** at Harvard
- 11-12: Old Westbury Aquatics Invitational #2 – 4 sessions
- 17-19: **ZONE QUALIFIER:** @ Lehman - hosted by Metro
- 17-19: YWCA Middies March Madness Invitational
- 17-19: YMCA States @ Eisenhower Park (approved meet)
- TBA: **NCSA JUNIOR NATIONALS**
- 24-26: **AGE GROUP INVITATIONAL:** **North:** Viking – **Central:** APEX – **South:** HAA
- 28-April 1: **SPRING NATIONAL CHAMPIONSHIPS LC** @ Federal Way, WA
- 30-April 1: **EASTERN ZONE SHORT COURSE** @ TBA

APRIL:

- 9: Badger Swim Club – 1 session LC
- 22-23: ASCSL (closed)
- 22-23: Old Westbury Aquatics Invitational #3 – 4 sessions

MAY:

- 10: **House Of Delegates/Bid Meeting:** 7:00pm at White Plains YWCA