

METROPOLITAN SWIMMING, INC.
HOUSE OF DELEGATES MEETING
Wednesday, May 16, 2007

1: CALL TO ORDER, WELCOME, and INTRODUCTIONS:

The House of Delegates meeting came to order at 7:10pm at the White Plains, YWCA.

The list of Clubs in attendance is at the Metro office.

Mary Fleckenstein welcomed everyone present at the meeting and introduced the Athletes' Reps that had been elected at JO's: Erin Kiernan of the Badger Swim Club and Chris Finnegan of the Long Island Aquatic Club. Coaches were reminded to fill out cards for meet bids.

2: ACCEPTANCE/CORRECTIONS OF MINUTES:

Ray D'Annolfo made a motion to accept the minutes of the January 10, 2007 House of Delegates meeting. Mark Amodio seconded the motion. All were in favor. Minutes were accepted as written.

3: GENERAL CHAIR: Mary Fleckenstein

- a) **Eastern Zone Meeting Recap:** Last weekend a group of members of Metro went to Portland, Maine for the Eastern Zone Meeting. The meeting itself was OK and there were no drastic news to report this year.
- b) **Reminder:** Teams have up to three votes. Voting members must be registered as non-athletes.
- c) **General Chairs' Meeting:** Mary will be attending the General Chairs Meeting in Omaha, NE, May 18-20
- d) **New Club:** Mary introduced Ilan Noach as the Head Coach of a new Club: Empire Swimming.

4: TREASURER'S REPORT: Mary Ann Senecal

- a) Mary Ann referred to Corinne Cody for the report.

5: FINANCE CHAIR: Corinne Cody

- a) This will be a combined Treasurer/Finance report
- b) Corinne presented the Budget which had been accepted by the Board of Directors in April. She gave an overview of the budget and answered questions regarding the proposed budget. Stipends for Olympic Trials were not included but will be added. We are still operating as a deficit. A question was asked as to whether a team hosting the Speedo Sectional Meet had to give a surcharge to Metro. Answer was "no" as this is already a very expensive meet to run. Todd Langenmayr made a motion to accept the budget as corrected. Edgar Perez seconded the motion. Show of hands resulted in one opposed, while the rest of the House was in favor.

6: ADMINISTRATIVE VICE CHAIR: George Rhein

- a) **Mutual Funds Report:** (which has ties to the Budget): the original \$200,000 investment is now \$259,853 as of May 16, 2007, and George projects a \$20,000 increase for the next fiscal year. This is an Investment point of view, not an Operational point of view which is why those numbers are not presented in the Operational budget.
- b) **Meet Reports:** are due 14 days after the end of the meets. Check for the surcharge must be included. Teams that need more time to receive a check from their clubs or Organizations must let George know that the check will be coming later. All clubs are in good standing at this meeting.
- c) **Officials:** They cleaned up a lot of the procedures. Meet Directors need to be registered members of Metro and must have taken the Meet Directors Clinic. If a coach is the meet director, he/she must take the clinic.
- d) **Club Achievement Program:** George asked the clubs to tell us what they did with the money they received from the Grant Program.
 - 1) Badger SC: invited Olympian Lea Loveless Maurer to do a clinic for their swimmers
 - 2) BGNW Marlins: used most of the money to start a dry-land program with a trainer for the senior team and then also for the junior team. Money was also used to educate the coaches through clinics and coaches material.

- 3) La Guardia: Used the money to purchase machines for a dry-land program. Unfortunately the machines were better suited to the older swimmers than the younger ones.
- 4) Asphalt Green: Purchased stretch cords and parachutes for a resistance program and also purchased 2 power towers to help swimmers gain strength in the water as they move away from the machines. This helps the swimmers understand the power in water and the power out of water and the efficiency of their strokes.
- 5) Three Village SC: invited two Olympians to come and talk to the swimmers last summer and also purchased hand paddles and stretch cords.
- 6) Middies: invited 2 Olympians to give a clinic for their swimmers and used some of the money for their strengthening program

7: SENIOR VICE CHAIR: Brian Brown

- a) **Senior Mets LC:** copies of the meet info were available. Prelims in the evening. Finals in the morning. Distance: 800 meter free will be held in a mid-session on Friday and the 1500 will be held in a mid-session on Saturday. No bonus events. Positive checking for 800 and 1500 freestyle events. Also, positive checking for relays (timed finals events – choice of swimming those in the prelims or at finals must be made at checking).
- b) The meet will be held at Lehman College – 8 lanes - warm-up/warm-down lanes for the meet will be as follow: prelims: 1 lane available for warm-up/warm-down (7 racing lanes) – finals: 2 lanes open for warm-up/warm-down (6 lanes for finals – 4 heats of 6 swimmers in each event).
- c) Question about switching the 400 free relay to Saturday and the 400 medley relay to Sunday since the 200 breaststroke has been moved to Sunday. Brian is not opposed to this.

8: AGE GROUP CHAIR: Paul Furbeck and Bob Vializ

- a) Short Course Eastern Zone Team. A report is posted on the website. The meet went very well but they had an outbreak of Chicken Pox this year!
- b) The Age Group Recognition Program is still in the works and in the budget for next year. USA Swimming is working on software to get full data out of their SWIMS database but it is not one of their priorities. Bob has been in touch with people at Nationals regarding the functionality of this program.
- c) Zone selection processes for next year's winter zone meet. Either application process or going back to the Zone Qualifying Meet. This subject will be covered under Technical Planning.

9: COACHES' REPRESENTATIVES: Scott Bartleson

- a) **"Metropolitan Age Group Coach of the Year":** there were two nominations for this award: Carle Fierro (Badger) and Casey Brandt (Asphalt Green). Scott read the coaches' accomplishments and handed out ballots to all the coaches present. Results of vote: **Casey Brandt**.
- b) **"Metropolitan Senior Coach of the Year":** there were three nominations: John Collins (Badger), John Pisano (Team Suffolk) and David Ellinghaus (BGNW Marlins). Scott read the senior coaches' accomplishments. Dave Ferris is asking all to consider naming the "Metropolitan Senior Coach of the Year Award" as the **"John Collins Coaches Award"**. Results of very close vote: **John Collins**. Congratulations Casey and John.

10: ATHLETES REPRESENTATIVE: Erin Kiernan and Chris Finnegan

- a) Nothing to report at this time.

11: TECHNICAL PLANNING: David Ellinghaus

- a) Championship meets' schedule and bids will be under new business
- b) **Alignment for Silvers and Age Group:** GAEL and Silver Streaks will moved from North to Central for Silvers (they were already in Central for Age Group); Farmingdale and Lindenhurst will move from East/Suffolk to South/Nassau for Age Group. This will better balance the sessions at all meets. Question was raised about NFS. We never received a special request in this regard.
- c) **Change of event order for LC JO's:** all the 400 free events were moved from Sunday to Friday and the 200 IMs were moved from Friday to Sunday. This will better balance the sessions and will end the meet with relays. Time standards have been updated as well and are available on the website. Rich Finkelstein mentioned that there were about 3 events in which the SCY standards

were faster than the Senior Mets standards. Those 3 standards will be updated on the website and meet information (15-18 girls 100 free and 200 breast and 15-18 boys 50 free).

- d) **Senior Mets LC Time standards** have been updated and are posted on the website.
- e) **Change in event order for SC Senior Mets** (as well as Senior Mets LC): the 200 breaststroke will be moved from Saturday to Sunday. We will also go back and look at the relay situation.
- f) **Metro Age Group time standards for 2008** have been updated and posted on the website.
- g) **Proposed 2008 Championship Meet Calendar:** we like the actual format of JO's: Trials/Finals at NCAC. Based on the pool availability, the only time that we can run JO's in 2008 would be the last weekend of March. The proposed schedule is as follows:
 - Silvers – February 15-17
 - Senior Mets – February 21-24
 - 8-Under Championship – March 1-2
 - Speedo Champions Series at NCAC – March 6-9
 - Zone "Qualifier" – March 14-16
 - Junior Olympics – March 28-30
 - Eastern Zone Meet – April 3-5
 - Age Group – April 4-6

Discussion on this schedule followed, especially regarding the conflict between Silvers and some boys High School Championships and also the date for JO's. We will only have the pool available at NCAC the last weekend of March to run JO's. Ilan Noach made a motion to accept the change of dates for Silvers and 8-under championship. Gayle Farrell seconded the motion. Show of hands resulted in 1 opposed, 1 abstention, the rest of the HOD was in favor.

The 2008 Championship Meet Calendar was amended as follows:

- **Senior Mets** – February 21-24
- **Silvers** – February 29-March 2
- **Speedo Champions Series** at NCAC – March 6-9
- **8-Under Championship** – March 8-9
- **Zone "Qualifier"** – March 14-16
- **Junior Olympics** – March 28-30
- **Eastern Zone Meet** – April 3-5
- **Age Group** – April 4-6

David Ellinghaus made a motion to adopt the 2008 Championship Meets calendar as amended. Erik Hertenstein seconded the motion. Show of hands resulted in one opposed, the rest in favor.

Motion carries.

12: OFFICIALS CHAIR: Paul Simco

- a) Mary Fleckenstein introduced Paul Simco as the new Officials Chair.
- b) Joe Stetz scholarship award winners will receive their awards at the Hall of Fame Dinner: There were 4 male and 5 female applications. Kimberly Levine (Marist) and James Pickel (Flushing) were selected as the two \$1000 scholarship recipients.
- c) Update on status of Officials: Since February 25th there have been 4 area chairs meetings. They talked about the Status Quo, the current status of the officials in general, the good things that have happened about the website and influx of new officials, the lack of inner structure, etc. With the help of the 5 area chairs and the 5 assistant area chairs, they are moving forward to put together a positive direction for all the officials. During his tenure, Paul wants to foster positive reinforcement as opposed to fostering a negative cheerleader situation. Officials need the coaches understanding about what the needs are in each particular pool.
- d) Paul is asking for approval for two awards:
 - One at the area chair level
 - One Outstanding Officials Award
- e) Paul is also asking the coaches to familiarize themselves with the championship meets scratch rules. Senior Mets this summer will be a National Certification meet for officials. Please contact Paul if you have any question.

13: ZONE TEAM COORDINATOR: Barry Roffer

- a) Eastern Zones Long Course will be in Buffalo in August. 85 Rooms have been reserved at the Holiday Inn in Buffalo. Three busses have been reserved.

b) Coaches that are interested in attending Zones must apply.

14: REGISTRATION COORDINATOR: Barry Roffer

- a) The USA Swimming registration cards of swimmers will have a new picture next year (Janet Evans' picture is on the 2007 registration card)
- b) Reminder again that coaches must send in their new certifications before their coaches card expires so they can receive a new card on time – NO coaches should be allowed on deck without a current card!
- c) Background Checks – important to get correct info: LSC is Metropolitan (MR) – do not put USA Swimming as the LSC! New coaches must have background check completed before card can be issued. Coaches that have not passed or completed the background check cannot be on deck. A column of background check expiration dates will be added to the Coaches Roster on the website. Clubs must let Barry know when coaches don't work anymore!
- d) Registration must be done electronically with hard copy and fees to follow. NO hand written registration will be allowed.
- e) All Clubs must take the USA-Swimming Club Leadership & Business Management course once every 5 years. All new clubs must take it within the first year as they will not be able to re-register without it. At least one USA-Swimming registered member of each club must take the course. It is not offered in the area very often but Metro will host one soon:

USA-Swimming Club Leadership & Business Management Course
Saturday, June 30, 2007 – Location TBA
9am – 3pm with a one-hour recess for lunch (not provided)
\$10 refundable deposit at registration
Check the Website for Updated information and registration form

15: NATIONAL TIMES VERIFICATION/TOP 16: Monique Grayson/Mary Ann Senecal

- a) Mary Ann gave a brief report about the Joint NTV and Registration Workshop in Tucson at the end of April. It was a very good clinic. We learned a lot more about uploading meets in SWIMS and learned things we did not know we could do. We also went over the updates and the items that we would like to see improved.
- b) Monique said that we had only one swimmer in the holding tank at this time. Meets go in with much less problems and errors than in the past. Mary Ann added that we will charge \$100 for each swimmer that swam in a meet without being registered.

16: WEB PAGE COORDINATOR: Monique Grayson

- a) Any request for additions, corrections, topics, etc. should be emailed to Monique. Check the website regularly.

17: SAFETY COORDINATOR: Carolyn Johnson

Carolyn was not able to attend the meeting.

18: HALL OF FAME: Len Galluzzi

- a) The Hall of Fame banquet will take place on Tuesday, May 22, 2007 at Riccardo's in Queens.
- b) The new inductees are Hazel Barr and Tobie Smith. There will also be many other honorees.

19: DISABILITIES COORDINATOR: Corinne Cody

There is nothing new at this time.

20: OPEN WATER COORDINATOR: Bea Hartigan

- a) The Metropolitan Open Water Championships will be on Saturday, July 14th in Huntington (Rain Date is Sunday, July 15th) – Registrations are coming in slowly. 22 Masters Swimmers are already entered in the 10 K National Championships, and an additional 5 Masters entered in the 5 K.
- b) There is also an Age Group event for 10-under, 11-12, and 13-14. They swim along the

shoreline.

- c) The top 2 male and female finishers of the USA-Swimming 5 K Open Championships will be eligible to compete at the National Open Water Championships.

21: SWIM-A-THON: Rich Finkelstein

- a) Any club running a Swim-a-Thon should send a note or email to Richie with the date, site, contact person and email or phone number for the event. Richie has not been getting any information from National. Reminder that anyone running any type of Swim-a-Thon, regardless of their affiliation, must have it registered with USA Swimming.

22: OUTREACH COORDINATORS: Brian Brown and Larry Collins

- a) Brian did not have any outreach report.
- b) Larry was not at the meeting.

23: OLD BUSINESS:

None

24: NEW BUSINESS:

- a) Proposal of the 2007-2008 Championship schedule (see above # 11 g)
- b) Bids for the 2007-2008 season (is attached at the end of the minutes).
For information, the teams that bid on a Distance meet must review the criteria for stipend that are posted on the Metro website. It is very specific. Make sure that you do it **within 30 days** and make sure that you have met all the criteria. You can't add events to the list or subtract from it. Teams that bid on a specific Distance meet today are the only ones eligible for stipend. Each team is only eligible for one stipend even if they run more than one distance meet. Seven (7) teams bid for distance meets. Invitationals are not eligible for stipend.
- c) Ray D'Annolfo and the Nominating Committee presented the **slate of officers** for election. George Rhein made a motion to accept the following members for a two-year term. Todd Langenmayr seconded the motion – All in favor – **Slate of officers was accepted as voted on by acclamation.**
 - o Age Group Chair: Co-Chairs: Bob Vializ and Edgar Perez
 - o Technical Planning: David Ellinghaus
 - o Treasurer: Mary Ann Senecal (Mary Ann is hoping to retire from that position in the near future but accepted the position as there were no nomination from the floor).
- d) The Nomination Committee also presented the following **slate of officers** for election:
 - o Safety Coordinator: Paul Furbeck and Bea Hartigan. They both introduced themselves then stepped out of the room while the vote by show of hands took place. Result of the vote: **Paul Furbeck.**
 - o The Review Committee: must be reelected each year. Members are Jen Trotman, Dawn Diaz, Paul Fortoul, Gay Silverman, Gil Smith, John Pisano, Larry Collins, John Santos, and 2 athletes' reps. Nominations from the floor: Len Galluzzi and Bea Hartigan.
Congratulations to all the officers mentioned above. They will serve for a two-year term.
- e) **Ilan Noach made a motion to reopen the discussion on the Budget.** Edgar Perez seconded the motion. Discussion followed. Ilan Noach made a motion to raise the coaches' stipend, for each Championship meet that receives a stipend, to equal what the athletes receive for those meets (1 coach per team). Erik Hertenstein seconded the motion. Discussion: What effect would that have on Metro? It would more than double the amount budgeted for the coaches stipends as this time. It would also add more than \$25,000 to the deficit. Vote resulted in 20 in favor; 9 against; 5 abstentions. **Motion carries.**
- f) **Stipend for Distance Meets:** Becky Townsend made a motion requesting that teams that run distance meets in the long course season get a stipend as well, whether the meet is held in a SCY or LCM pool. Michael Townsend seconded the motion. Discussion: this would also affect the budget! This would also ask for a budget change and require a second line for distance meets stipend. The Distance Stipend was originally put into place as a short course season incentive to run more distance meets. The budget would have to be increased to give stipend for the long course season. Long discussion followed. Suggestion was also made to go back to \$500. Becky amended her motion as follows: Have two different line items for Distance meets stipend (\$1000 maximum per

team), the first one for the period of September 1st to April 30th (\$5,000 – 8 month period) and the second one for May 1st to August 31st (\$2,500 – 4 month period). Ray D’Annolfo seconded the motion. Discussion followed. Criteria would be the same as in the SCY season with comparable events. This would start with meets being held after May 1st 2008. Vote resulted in 1 abstention, the rest in favor. **Motion carries.**

- g) **New Budget:** Rich Finkelstein reminded all that were left in attendance that we don’t have a budget anymore at this time since it had been reopened. Scott Bartleson made a motion to accept the revised budget which includes the two new additions. David Ellinghaus seconded the motion. Vote resulted in 1 opposed, 1 abstention, and the rest in favor. **Motion carries.**
- h) Mary Ann Senecal asked if we have to justify presenting a deficit budget. Is there a problem with that? George Rhein answered that we must have sufficient funds to cover the budget.
- i) Dave Ferris had a question regarding the Club Achievement Grant money. Who makes the decision about whether applications for a grant are approved or not? Mary Fleckenstein answered that applications for grants were submitted. If they meet all the criteria established, they are approved as long as they presented what they did with the money the year before. If they do not meet the criteria, it came before the board. George answered that the Grant Committee was established to set the guidelines for the program, not to decide on the grants every year. The Board met prior to this meeting and we will have a committee to hear these things in the future. As the applications came in, and everything checked out, those applications were approved. If there were any questions (two clubs were in this situation this year), then it was brought to the Executive Board. It was talked about in the last 2 meetings. A decision was made and a very specific response will be sent to the club. Mary said to Dave Ferris that he is welcome to attend the next Board meeting to discuss this after he receives the response from George.

A motion to adjourn the meeting at 9:50pm was made by Erik Hertenstein, seconded by Edgar Perez, and approved by all.

House of Delegates Meetings 2007-2008:

- September **TBA**, 2007 – Mandatory meeting for all clubs – date and time TBA - at the White Plains YWCA – one athletes’ rep (13&over) per team must be present.
- January **TBA**, 2008 – 7:00pm at the White Plains YWCA – Bid meeting
- May **TBA**, 2008 - 7:00pm at the White Plains YWCA – Bid meeting

Submitted by Monique G. Grayson
May 21, 2007

METROPOLITAN SWIMMING, INC.

2007-2008 TENTATIVE CALENDAR

SEPTEMBER:

TBA:

Mandatory House of Delegates Meeting: at White Plains Y

OCTOBER:

- 6-7: WSSC & DDF – 4 sessions – at Washingtonville
- 13: ASCSC Relay Carnival (closed)
- 13-14: BGNW Marlins Season Starter – Age Group – no 8 & under – 4 sessions
- 13-14: AGUA Season Starter Invitational
- 13-14: Old Westbury **Distance** Meet (October 13) and Age Group (October 14) – 4 sessions
- 14: Flushing YMCA - **Distance** Meet
- 19-21: Long Island Express – 5 sessions
- 20: Newburgh Sharks – Annual Red, White & Blue – 2 sessions
- 20-21: Flushing Y – Junior Swim Championships
- 20-21: Three Village Swim Club – Ann Wycoff Meet at Ward Melville HS
- 21: Badger Swim Club Halloween Meet at Lehman - 2 sessions
- 26-28: Condors Swim Club Fall Festival
- 26-28: Marist Swim Club – MSC Fall Invitational – 5 sessions
- 26-28: YWCA Middies Halloween Invitational
- 27-28: LIAC – Chappy's Big Race Invitational – 4 Sessions at NCAC
- 27-28: Connetquot Swim Club – Halloween Meet – 2 sessions

NOVEMBER:

- 3: Big Blue Harvest Relays and Sprints – 2 sessions
- 3: Sachem Swim Club Fall Meet – 2 sessions
- 3-4: Old Westbury Aquatics – Distance & 8-Under – 4 sessions
- 3-5: NY Sharks & Empire: Fall Classic
- 9-11: Viking Aquatic Club – Viking Classic - 6 sessions at Valley Central
- 10: BGNW Marlins - 8 and Under Mini Meet – 1 afternoon session
- 11: BGNW Marlins **Distance** Meet – 2 sessions
- 10-11: Asphalt Green – NY City Open Invitational – Prelims (LCM) and Finals (SCY)
- 16-18: Gael Aquatic Club at IONA – 9 and Over Age Group Meet - 5 sessions
- 16-18: Aqua Gems – Early Bird Meet – 5 sessions
- 16-18: Flushing YMCA - Big Apple Classic
- 17: OWA & Farmingdale – Trials/Finals 50 free Invitational – Top 16 return
- 18: Old Westbury Aquatics – Distance & Sprints – 2 sessions
- 18: Hauppauge – 2 sessions
- 23: Asphalt Green – Butterball Burn-off – **Distance** Meet
- 23-25: Long Island Express – 5 sessions
- 23-25: YWCA Middies Thanksgiving Invitational
- 24-25: Long Island Aquatic Club – Thanksgiving Classic at NCAC – 4 sessions
- 11/29-30-12/1: **USA-SWIMMING SC Yards NATIONALS** at Atlanta, Georgia

DECEMBER:

- 11/30-12/1-2: Condors Holiday Classic Meet (**Distance** session November 30)
- 11/30-12/1-2: Connetquot: Holiday meet – (**Distance** session November 30)
- 1-2: BGNW Marlins - Holiday Meet – Age Group – no 8 & under - 4 sessions
- 2: Gael Aquatic Club at IONA – 8-Unders only – 2 sessions (girls AM; boys PM)
- 7-9: New York Sharks Holiday Madness – 5 sessions
- 8-9: Asphalt Green – Holiday Qualifier Invitational
- 8-9: Newburgh Sharks – Blue & Gold Meet – 4 sessions
- 16: Badger Swim Club - 2 sessions
- 21-23: Marist SC – Christmas Invitational – 5 sessions

JANUARY 2008:

TBA: **House of Delegates** – summer meets bid meeting - 7:00pm at White Plains YWCA
4-5: Sachem Swim Club – Winter Meet – 3 sessions
4-6: Aqua Gems January Blitz – 6 sessions
6: Long Beach Aquatics Snowball Mini Meet – 8&Unders Only
11-13: NY Sharks & Empire at Felix Festa – New Year Invitational – 5 sessions
12-13: Badger Swim Club – 1 session (1/12) – 2 sessions (1/13)
12-13: Big Blue Swimming Snowball Express
18-20: Long Island Express – 5 sessions
18-20: Newburgh Sharks – Trials & Finals Team Championship – 7 sessions
18-20: Nu-Finmen – 27th Annual Dr. Martin Luther King Jr. Classic at NCAC – 5 sessions
19-20: BGNW January Qualifier Meet – 1 session 8-U (Sat.) – 2 sessions Age Group (Sun.)
19-21: Asphalt Green MLK Invitational
21: YWCA Middies MLK Invitational
25-27: TVSC January Joust Swim Meet at Ward Melville HS
25-27: Condors – at Felix Festa
26-27: Flushing YMCA – Fran Schnarr Pentathlon meet

FEBRUARY:

2-3: Old Westbury Aquatics – 4 sessions
9-10: New York Sharks – Last Chance Meet – 4 sessions
15-17: Condors Last Chance Meet at Felix Festa
15: Hauppauge IMX Extreme Challenge **Distance** Meet
16-17: Hauppauge IMX Extreme Challenge Meet
16-17: Old Westbury – 4 sessions
16-17: Badger Swim Club IMX Meet – 4 sessions (**tentative dates**)
21-24: **SENIOR METS:** at Lehman – hosted by Metro

MARCH:

2/29 & 3/1-2: **SILVER CHAMPIONSHIPS:** **North:** Viking – **Central:** APEX – **South:** TVSC
6-9: **SPEEDO CHAMPIONS SERIES NORTH** at NCAC - hosted by LIAC
8-9: **8-UNDER CHAMPIONSHIPS:** Badger Swim Club @ Lehman
8-9: Asphalt Green – Last Chance Invitational
14-16: **ZONE TEAM QUALIFIER:** Trials/Finals at Lehman College – hosted by Metro
28-30: **JUNIOR OLYMPICS:** Trials/Finals at Eisenhower Park – **Open for bid**
TBA: **NCSA JUNIOR NATIONALS**

APRIL:

3-5: **EASTERN ZONE SHORT COURSE @ TBA**
4-6: **AGE GROUP INVITATIONAL:** 4 sites:
North: AG/NYSA – **Central:** APEX – **South/Nassau:** OWA – **East/Suffolk:** CSC
12-13: ASCSL (closed)
13: Badger – 1 session Long Course
26-27: Old Westbury Aquatics – 3rd Invitational OWA Cup – 4 sessions

MAY:

TBA: **House Of Delegates/Bid Meeting:** 7:00pm at White Plains YWCA