

Review - Technical Planning Meeting of April 28, 2007

2007-2008 Metropolitan Swimming Proposed Calendar

Silvers	February 15-17	North Central South
Senior Mets	February 21-24	at Lehman - Metro Run
8-Under	March 1-2	
Sectionals	March 6-9	LC at Nassau - Metro Run
Zone Qual	March 14-16	at Lehman - Metro Run
JO's	March 28-30	
Zones	April 3-5	
Age Group	April 4-6	North Central South/Nassau East/Suffolk

Alignment for Silvers and Age Group

Silvers	GAEL and Silver Streaks move from North to Central
Age Group	Farmingdale and Lindenhurst move from East to South

Changes JO's Long Course 2007

400 free will move from Sunday to Friday
200 IM will move from Friday to Sunday

Some time standards have been updated.

Changes Senior Mets Long Course 2007

Some time standards have been updated

Changes Senior Mets Short Course 2008

200 breaststroke will be moved from Saturday to Sunday in order to make the sessions more manageable - order will be 200 back; 200 breast; 100 free; 200 fly

Time standards have been reviewed and updated
Bonus standards have been reviewed and updated