

METROPOLITAN SWIMMING, INC.
TECHNICAL PLANNING MEETING
AUGUST 30, 2001

PRESENT: David Ellinghaus, Lenny Galluzzi, Paul Fortoul, Jo Ann McCaffrey,
Monique Grayson.

The meeting was held at the Boys & Girls Club of Northern Westchester, in Mt. Kisco, New York. The meeting was called to order at 6:47pm.

PROPOSAL #1:

Technical Planning is proposing moving the 200 Breaststroke to the Saturday session of SC and LC Senior Mets (on the third day of the meet). This would put the 200 breaststroke between the 50 free and the 100 back. That day's events would be as follow: 200 IM, 50 free, 200 breast, 100 back, 500 free, 400 medley relay.

PROPOSAL #2:

Technical Planning is proposing to add the 200 medley relay at the start of the last day at Long Course Sr. Mets.

PROPOSAL #3:

Technical Planning is proposing to look at the timeline of the mile at Sr.Mets, and adjust the start of the event so the last heat of prelims would end about 10 minutes before the start of warm-up for finals.

PROPOSAL #4:

Technical Planning is proposing to incorporate breaks ahead of time, in the schedule for Long Course Sr. Mets, when no pool is available for warm-up/cool-down. The breaks would be of 5 minutes time in the water. Breaks will be schedule as follows:

First Day: no breaks

Second Day: 1: after 100 breast; 2: after 100 fly; 3: after 400 IM (before relay).

Third Day: 1: after 200 free relay; 2: after 50 free; 3: after 100 back; 4: after 400 free (before relay).

Fourth Day: 1: after 200 medley relay; 2: after the 50 breast; 3: after 200 fly (before relay).

PROPOSAL #5:

Technical Planning suggests that proper procedures be followed each year to nominate the Age Group Coach of the Year. It is suggested that the Metro Board create a nomination form that should be mailed to each club by May 1st. All nomination proposals should be sent back to the Metro Office by June 15th. The Board would then vote at the summer meeting. Barry Roffer would then contact ASCA regarding the winner.

It is also suggested that Metropolitan Swimming pay the way for the winner to attend the ASCA Convention to receive his/her award.

PROPOSAL #6:

It is suggested that every member of the House of Delegates should receive the minutes of board meetings and other pertinent information.

All meets should be mailed to the person in charge of meets at each club.

It is also suggested that the meet booklet be part of the Metro Guide Book.

PROPOSAL #7:

There should be written guidelines for the selection of coaches attending the Zone meets. An application should be sent to all coaches. They should then send the forms back to Metro, requesting to coach age group swimmers, or senior swimmers. Coaches attending the meets should be there TO COACH!

It is also suggested that we get more chaperons, especially for the 12-under swimmers.

Technical Planning suggests that we contact each club to get the best times of all swimmers attending Zones. This way, no one should be forgotten for the relays.

PROPOSAL #8:

There are problems at meets for the names on the relays, when the lead off name is incorrect. This can affect the Top 8 of Metro. It is suggested that Metro should order 3 ply copies of relay forms (and of DQ forms). This way the coach can keep a copy, the person at the computer would get another, and the third could go to MaryAnn.

PROPOSAL #9:

It is suggested that there should be a separate table for the Clerk of Course at all the Championship meets.

PROPOSAL #10:

Technical Planning proposes that we develop a fine system, similar to the one used in Connecticut, for a host club's failure to follow all required protocol when hosting a Metro Championship Meet.

MANDATE #1:

The cuts for the Long Course Senior Mets, and long Course Junior Olympics, have been revised (see attached sheet).

REMINDER #1:

Warm-up and start times of Senior Mets:

Prelims: 7:30am warm-up/9:00am start. Finals: 4:30pm warm-up/5:30pm start.

REMINDER #2:

Penalty should be imposed on clubs that cancel meets within ten days of the meet. Metro Rule Book, page 56, last paragraph. "Meet cancelled after the meet information is sent out: loss of sanction fee, a fine equal to the sanction fee, and inability to hold sanctioned meets the following year". (The Review Section may waive the penalties in part or in whole.)

Submitted by Monique G. Grayson

September 14, 2001

