

METROPOLITAN SWIMMING, INC.
TECHNICAL PLANNING MEETING
May 1, 2004

PRESENT: David Ellinghaus, Ian Noach & Monique Grayson.

David had emailed coaches and athletes on the Technical Planning Committee to invite them to the meeting.

The meeting was called to order at 10:00am at the YWCA in White Plains, NY.

The Metropolitan Swimming schedule for 2005 was reviewed.

The Age Group and Senior Mets time standards were adjusted for the short course season 2005. We actually made the men's 500 for Sr. Mets a bit slower (girls got faster) because the event has been so small. All other cuts for Championships meets are the same or faster. They will be available at the meeting.

We agreed that Silvers should be held at 3 sites (North, Central, and South) instead of 2, and that the Age Group meet should be reserved for swimmers with cuts slower than JO's.

We did discuss the calendar and made one change from the last Board meeting.

We decided to have Senior Mets the first weekend of February and Silvers the 2nd weekend of February. JO's will take place the last weekend of February. This will be a Trials/Finals meet and it will be held at Nassau County Aquatic Center at Eisenhower Park.

The logic behind this schedule is: Our elite swimmers will have 3 trials/finals meets in the association this year: Senior Mets, JO's, and Sectionals. To maximize their desire to really attend all 3 we should spread them out. Sr. Mets will now be 3 weeks before JO's, 5 before Sectionals, and 6+ before Junior Nationals. If teams want to shave for Sr. Mets they have plenty of time to go back up in yardage before Sectionals and Juniors. In addition, JO's will still be available as a last chance to make Sectionals.

More important, while our elite swimmers have so many opportunities to go to a quality championship meet--our developmental swimmers do not. Since these kids are the most likely to be out of the water over the December school vacation, we felt 6 weeks back in the water was obviously more beneficial than 4 weeks before Silvers. It still leaves 2 weeks before JO's so they are not swimming back to back weekends. Sr. Mets and Silvers back to back do not affect the athletes and few coaches attend both meets.

We feel that the **proposed calendar** best suit the needs of our USS swimmers. It is based on proposals from Technical Planning and Age Group Committees.

February 3-6, 2005	Senior Mets @ Lehman
February 11-13, 2005	Silver Championships – North – Central – South
February 25-27, 2005	JO's @ Eisenhower Park – Trials/Finals
March 5-6, 2005	8-Under Championship
March 10-13, 2005	Speedo Champions Series
March 18-20, 2005	Zone Qualifier @ Lehman
March 21-25, 2005	NCSA Junior Nationals @ Orlando, Florida
March 31-April 2, 2005	Eastern Zones Short Course
April 1-3, 2005	Age Group Championships – North – Central - South
April 1-6, 2005	ConocoPhillips Spring National Championships – LC

Recommendation:

That Senior Mets Long Course (July 2004) be held in the morning instead of late afternoon.

Submitted by Monique Grayson
May 2, 2004