

John Fedena – (AGUA) and Dave Hedden (COND) – Co-Age Group Chairs

John Fedena

AGUA

Head Age Group Coach

Joined Metro LSC: November 2017

Coaching since:1997

LSC's coached: 8 – (MA,GA,FL,NM,GU,PN,NC,MR)

Most recent LSC/USA positions:

Metro LSC Zone Team Coach 2018

North Carolina LSC Junior Coaches Rep 2017

Southern Zone Age Group Chair 2016-2017

Why I would be a good fit for Metro LSC Co-Age Group Chair...

I believe I bring varied, valuable experience from all over the country. My time working within other LSC's has given me a lot of perspective, resources, and access to ideas and ways of thinking. I also feel that this is a position that requires input from all those involved with making Metro LSC a success. Every coach brings new and different ideas from their past that can continue to move the Metro LSC forward into 2020 and the next quad. Giving coaches voice and opportunity to provide input is crucial to the long-term success of the athletes we work with every day. In this position, I would strive to seek that input and perspective to help Metro LSC continue to be a leader in all fronts of USA Swimming.

Dave Hedden

Dave is currently the Head Age Group coach for the Condors Swim Club. He moved to the Metro LSC in the fall of 2017 after coaching for 18 years in Illinois. There, he was the head coach of the Joliet YMCA, which is also a registered USA Swimming club. Although I have only been in New York for a year and a half, I've been involved with Age Group committee meetings from the get go and have attended all the LSC championships at least once, as well as Eastern Zone Age Group Champs and NCSA Age Group Champs. If asked to serve, he would lead in an organized way, be a good listener and do his best for the LSC, the coaches and most importantly, the athletes.