



Dear Coach,

Coaches don't forget the CLUB EXCELLENCE deadline is FEBRUARY 6, 2009

- 1. 2009 Diversity Select Camp Information available.
- 2. Swim Quick Fundraiser
- 3. Bob Thompson (Southern Zone add in only)
- 4. Central States Clinic
- 5. The leadership Coach
- 6. GTAC Disability meet moved from Michigan to Cincinnati.

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The Diversity Select Camp will be held at the Olympic Training Center in Colorado Springs from April 23-26, 2009. Click on the link below to access additional camp information, swimmer qualification criteria and swimmer applications. The application deadline is March 2, 2009.

[Diversity Select Camp](#)

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“SWIM QUICK” For a Cure to Cancer - As many of you have heard, one of America’s most respected and decorated Swim Coaches, Richard Quick, has been diagnosed with inoperable brain cancer. Many people in the swimming community have asked what they can do to help Richard during these difficult days. “Swim Quick” is a fundraising program developed by Swim Across America to answer this question -- and it provides a tangible way for everyone to support Richard – and all those affected by cancer. By collectively donating to Swim Across America and swimming together in his honor on February 14th, we can share with him how much he has impacted the sport of swimming. Please see the attachment for more information about this special event honoring one of our all time great coaches. **See attached word document LSC info sheet.**

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Scholastic All-American Application for is attached above.

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Bob Thompson long time Duke swim coach passes away:

<http://www.swimmingworldmagazine.com/lane9/news/20113.asp?q=Passages:%20Former%20Duke%20Coach%20Bob%20Thompson,%2066>

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http://www.swimclinic.com/central_details.html

***USA Swimming/with Illinois Swimming will be hosting a Club Leadership Business and Management Seminar on May 14 and 15. Randy Julian and Tom Avischious will be the presenters and it will be \$20 per person to attend. Click on the link below "See Course descriptions and fees" and register today! New Clubs, Clubs working toward level 2 of the Club Recognition Program and New Boards of Directors should come to the presentation.

Unprecedented Educational Opportunity

THE 28th ANNUAL CENTRAL STATES SWIM CLINIC

Saturday and Sunday
MAY 16th and 17th, 2009

[OAK BROOK MARRIOTT HOTEL](#)
1401 WEST 22nd STREET
OAK BROOK, ILLINOIS 60523
(630) 573 - 8555

Sponsored by: Susan Davis, Mark Schubert & Jill Greenleaf

Established in 1981, the Central States Clinic is the most comprehensive and personalized coaches' clinic in the United States. **This is an excellent clinic exclusively for the education & advancement of coaches & swimmers.**

Our Eastern & Central States Clinics are the largest and most respected privately run clinics in the United States. Our clinics offer you a special opportunity to be with top age group & university coaches, ASCA and USA Swimming club certification courses and Principles of YMCA Competitive Swimming & Diving.

The 2009 Clinic proudly offers the following **prestigious line-up of speakers** and the special opportunity to meet and work with **Olympic swimmers Dara Torres and Matt Grevers**.

- **Bob Bowman:** '04 & '08 Asst. Olympic coach, coach of Michael Phelps
- **Frank Busch:** '04 & '08 Asst. Olympic coach, 5-time NCAA Coach of the Year
- **Dave Salo:** '00 & '04 Olympic coach, Author, Head Coach USC Men & Women
- **Sean Hutchison:** '08 Asst. Olympic coach, Head Coach KING Aquatics
- **Jackie Berning Ph.D:** Nutrition Consultant, Author and Educator
- **Dara Torres:** 5-time Olympian, 12 Olympic medals, World & American record holder
- **Matt Grevers:** '08 Olympic Gold & Silver medalist, World record holder

Recent attendee's say:

"Thanks again for running such a great clinic, my swimmers and I have benefited greatly. This past season we had the highest finish ever at conference and sectionals, the most athletes qualify for the state meet & the fastest season ever."

“This clinic is the most worthwhile experience to fit into one weekend, the speaker lineup is unparalleled.”

“I was very impressed. I have coached age group for 11 years and learned so much. I plan to attend every year!”

**ASCA, USA Swimming & the YMCA will offer courses prior to our clinic at The Marriott on Thurs. & Fri. These courses are optional & have an additional fee.
[See course descriptions & fees .](#)**

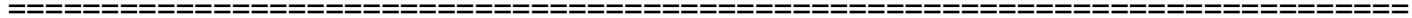
This clinic is sanctioned by ASCA. Attendance earns you 20 points toward ASCA Coaches Certification Program.

Come to this clinic and make your program better than ever.



If you have questions about the clinic please contact one of the following coordinators:

Sue Davis - Email: sue.swarthmore@gmail.com Phone: 610 328 8211
Jill Greenleaf - Email jgreenle@skidmore.edu Phone: 518 580 5368



***The Leadership Coach* TM**

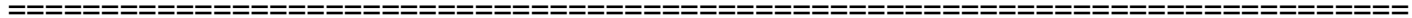
As the number of school teachers approaches a critical shortage, perhaps more thought should go into helping this very important profession that provided many of our first role models as leaders.

In doing corporate training on leadership, I often ask executives who their favorite teacher was and why. They struggle with many questions, but usually have no problem answering this one.

Recently a gentleman in his 60's spoke of his third grade teacher and how she had affected him with her care, enthusiasm and sincerity. He got choked up as he revealed that he didn't get to thank her before she passed away.

We all have had leaders who affected our lives. I encourage whoever reads this column to thank the people who impacted your life, whether it was your parents, a teacher, a coach, a colleague-not an e-mail but a thoughtful hand-written note. Writing these notes of appreciation will be as beneficial for you as it will be for them.

The Leadership Coach is Peter Burwash, President of Peter Burwash International, a company that manages tennis instruction programs at top resorts in more than 30 countries around the world. "Reprinted from SportsTravel magazine." For more information, visit www.SportsTravelMagazine.com He can be reached at leadershipcoach@scheiderpublishing.com, and his books are available at the Sportravel Media zone.



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objectives of the USA Swimming Coach's Blast e-mails is to make coaches aware of potential resources available.

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Check out USA Swimming's new Club Recognition program. Follow the blueprint to develop a strong, stable, financially sound and athletically productive organization. See www.usaswimming.org/ClubRecognition