

BGC-N. WESTCHESTER MARLINS SWIM TEAM
HOLIDAY INVITATIONAL
Saturday & Sunday, December 4-5, 2004
Sanction # 041201

- SITE:** Boys & Girls Clubs of Northern Westchester - Trotta Millennium Pool
351 Main Street - Mount Kisco, New York 10549 - (914) 666-8069
- ELIGIBILITY:** Competitors must be registered with USA Swimming. Age as of Dec. 4, 2004 will determine event eligibility.
- POOL:** 25 yard pool with eight 7-foot lanes. Non-turbulent lane-lines. Seating for 200 spectators. Colorado electronic timing system, with an eight-line scoreboard.
- RULES:** Current USA Swimming rules will govern the meet. All events are timed finals. Deck seeding will be used. Scratches must be received no later than 30 minutes before the start of each session. Entries will be accepted on a first come first served basis. **All sessions MAY be limited to 3 ½ hours before scratches.** A 10-minute warm-up/warm-down break (15-minute pm) will be included in each session.
- WARM-UP:** First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 & 7 will be open for one-way sprint. Lanes 3 & 6 will be assigned as necessary. All other lanes will remain open for general warm-up.
- AWARDS:** Individual events: medals: 1-8; ribbons: 9-16. Relays: medals: 1-3; ribbons: 4-8
- ENTRIES:** **Swimmers are limited to 3 events per session.** The meet will be run on computer using Hy-Tek's Meet Manager. Entries should be sent on disk. A Master Sheet must accompany all entries. Entries must be received no later than **November 27, 2004**. An entry fee of \$3.00 per individual event and \$8.00 per relay event must accompany the entries. *In addition, there is a \$1.00 surcharge for any entries not sent on disk.* **Please sign the "signature waiver" for entries sent by Express Mail.**
Make checks payable to: **Boys & Girls Clubs Of Northern Westchester**. Mail entries to:
- BGNW Marlins Swim Team
Attention: Monique Grayson
22 Pine Hill Court
Briarcliff Manor, New York 10510
- Email address: bgnwmarlins@aol.com
Food will be available in designated area only.
Food or glass bottles will not be allowed on deck or in the locker rooms.
- ADMISSION:** Adults: \$2.00 Programs: \$2.00 per session
- CONDITIONS:** Upon acceptance of his/her entries, the participant waives all claims against the Boys & Girls Clubs Of Northern Westchester, The Marlins Swim Team, Metropolitan Swimming, USA Swimming, their agents or representatives for any injury occurring as a result of the meet.
- FOOD:** Refreshments will be available for purchase in the designated area. Please eat outside the pool area and place trash in the proper receptacles. No food or drinks are allowed on the pool deck, but plastic water bottles are acceptable.
- OFFICIALS:** Certified Metropolitan Swimming Officials will be working at the meet.
- VENDOR:** Circle Swim Shop will provide swimming apparel and related items for sale throughout the meet.
- DECORUM:** Each club is requested to handle its own team and discipline problems. Anyone found vandalizing B/G Club property, stealing, or otherwise displaying disorderly conduct, will be subject to disqualification, ejection from the meet, and possible criminal prosecution.
- QUESTIONS:** Monique Grayson, Meet Director (914) 941-4464
Dennis Munson, Aquatic Director (914) 666-8069 #115

DIRECTIONS:

From I-684 North or South: Take exit 4 to route 172 West (towards Mt.Kisco). Drive approximately 2 miles. Take 117 North (keep right at traffic light). Go one block. Just before traffic light, turn right into B/G Club driveway. Enter pool from the main entrance.

From Long Island: Take Whitestone Bridge, to the Hutchinson Parkway North, to I-684 North, to exit 4 (then proceed as above).

From Saw Mill Parkway North: Take exit 33, Readers Digest Road. Cross railroad tracks and keep right. At traffic light, make a left turn on route 117 (it will become Main Street). Pass 2 traffic lights. Just before the third traffic light, turn right into B/G Club driveway.

From Taconic Parkway South: Take exit for route 133, Mount Kisco. At traffic light, make a right turn. At next traffic light, turn right and follow signs for Mt.Kisco (on route 133 east). Drive approximately 4 miles. When 133 ends, keep right onto route 117 South (Main Street). Pass 2 traffic lights. Just after the third traffic light, make an immediate left turn into the B/G Club driveway.

PS: Additional parking may be available across the street in hospital parking lot.

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Saturday & Sunday, December 4-5, 2004

Session 1: Saturday, December 4:

Warm-up: 1:00pm

Start: 2:00pm

Session 2: Saturday, December 4:

Warm-up: 5:30pm

Start: 6:30pm

GIRLS	AGE	EVENT	BOYS
1	9-10	100 yd Free	2
3	11-12	50 yd Free	4
5	9-10	50 yd Fly	6
7	11-12	100 yd Fly	8
9	9-10	100 yd Breast	10
11	11-12	50 yd Breast	12

10-minutes warm-up/warm-down

13	9-10	50 yd Back	14
15	11-12	100 yd Back	16
17	9-10	100 yd IM	18
19	11-12	200 yd Free Relay	20
21	9-10	200 yd Free Relay	22

GIRLS	AGE	EVENT	BOYS
23	13-14	100 yd Free	24
25	Open	100 yd Free	26
27	13-14	200 yd Fly	28
29	Open	200 yd Fly	30

15-minutes warm-up/warm-down

31	13-14	100 yd Breast	32
33	Open	100 yd Breast	34
35	13-14	200 yd Back	36
37	Open	200 yd Back	38
39	13-14	200 yd Free Relay	40
41	Open	200 yd Free Relay	42

Session 3: Sunday, December 5:

Warm-up: 8:00am

Start: 9:00am

Session 4: Sunday, December 5:

Warm-up: 1:00pm

Start: 2:00pm

GIRLS	AGE	EVENT	BOYS
43	11-12	100 yd Free	44
45	9-10	50 yd Free	46
47	11-12	50 yd Fly	48
49	9-10	100 yd Fly	50
51	11-12	100 yd Breast	52
53	9-10	50 yd Breast	54

10-minutes warm-up/warm-down

55	11-12	50 yd Back	56
57	9-10	100 yd Back	58
59	11-12	100 yd I.M.	60
61	9-10	200 yd Medley Relay	62
63	11-12	200 yd Medley Relay	64

GIRLS	AGE	EVENT	BOYS
65	8-Under	100 yd Free	66
67	13-14	200 yd Breast	68
69	Open	200 yd Breast	70
71	8-Under	25 yd Back	72
73	13-14	50 yd Free	74
75	Open	50 yd Free	76
77	8-Under	25 yd Breast	78
79	13-14	100 yd Back	80
81	Open	100 yd Back	82

15-minutes warm-up/warm-down

83	8-Under	25 yd Fly	84
85	13-14	100 yd Fly	86
87	Open	100 yd Fly	88
89	8-Under	100 yd I.M.	90
91	13-14	200 yd I.M.	92
93	Open	200 yd I.M.	94
95	8-Under	100 yd Medley Relay	96
97	13-14	200 yd Medley Relay	98
99	Open	200 yd Medley Relay	100

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CLUB: _____ CLUB CODE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

PHONE: _____ E-MAIL ADDRESS: _____

CLUB CONTACT: _____ PHONE: _____

E-MAIL ADDRESS: _____

Entry Fees: Make check payable to: **Boys & Girls Clubs Of Northern Westchester**

Total Individual Events _____ x \$3.00 = _____

Total Relay Events _____ x \$8.00 = _____

Total Swimmers (non-disk surcharge) _____ x \$1.00 = _____

TOTAL AMOUNT DUE _____

Due no later than November 27, 2004

Mail to: Monique Grayson, 22 Pine Hill Court, Briarcliff Manor, NY 10510

(Please sign the "signature waiver" on envelope for entries sent by Express Mail.)

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., The Boys & Girls Clubs of Northern Westchester, Trotta Millennium Pool, and the Marlins Swim Team, their agents or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) _____

No entries will be processed without this signed waiver.