



2006 NYC OPEN

Invitational Meet – Sponsored by Speedo
 Saturday-Sunday, November 11th-12th, 2006
 Metro LSC Sanction #061112

Hosted by Asphalt Green Unified Aquatics -- Asphalt Green AquaCenter, 1750 York Ave (E. 91st St.) NY, NY 10128

Saturday, November 11th – LCM Prelims Warm Up–8:00 AM / Start–9:00 AM

Women Event #	Senior Metropolitan Championship LCM Standards	Event Order	Senior Metropolitan Championship LCM Standards	Men Event #
1	2:17.89	200 Free	2:07.49	2
3	1:10.79	100 Fly	1:04.59	4
5	5:28.89	400 IM	5:13.79	6
7	2:35.99	200 Back	2:27.19	8
9	1:24.59	100 Breast	1:16.89	10
11	1:04.49	100 Free	:59.29	12
13	9:58.29	800 Free** #	9:44.69	14

Saturday, November 11th – SCY Finals Warm Up–2:15 PM / Start–3:00 PM%

** Events 13 & 14 will be seeded fastest to slowest alternating Women / Men and may be limited to 3 heats (21 entrants) if necessary.

Top 8 qualifiers from the 800 Meter Free Prelims will swim in the 1000 Yard Free Final which will be the first event of the Finals session.

% Finals will feature 4 heats per event with a Bonus Final (8 swimmers) competing first, followed by a Consolation Final (6 swimmers), a Super Final (4 swimmers), and an Ultra Final (2 swimmers).

Sunday, November 12th – LCM Prelims Warm Up–8:00 AM / Start–9:00 AM

Women Event #	Senior Metropolitan Championship LCM Standards	Event Order	Senior Metropolitan Championship LCM Standards	Men Event #
15	2:36.89	200 IM	2:24.49	16
17	1:12.99	100 Back	1:07.79	18
19	4:45.79	400 Free	4:33.29	20
21	2:59.59	200 Breast	2:49.39	22
23	2:37.29	200 Fly	2:29.99	24
25	:29.79	50 Free	:27.19	26

Sunday, November 12th – SCY Finals Warm Up–2:15 PM / Start–3:00 PM%

% Finals will feature 4 heats per event with a Bonus Final (8 swimmers) competing first, followed by a Consolation Final (6 swimmers), a Super Final (4 swimmers), and an Ultra Final (2 swimmers).

ENTRY FEES

Individual Events: \$4.00 per event. Fees must accompany mailed entries and/or be paid in full by before the meet starts. Checks are to be made payable to Asphalt Green, Inc.

DEADLINE

Entries will be processed in the order in which they are received. All entries must be received by 10/21/06.

MAIL ENTRIES

Brian Brown, AGUA Head Coach
 555 East 90th Street
 New York, NY 10128
 E-mail entries to: bbrown@asphaltgreen.org

ENTRY LIMIT

Swimmers will be limited to 3 events per day for a total of 6 events for the entire meet. Seeding will be by long course meter times only (please convert your own times if necessary). This meet has an entry limit of 400 swimmers per day. Cuts to keep within the 4-hour session limit will be made as necessary. 800 Freestyle may be limited to 3 heats (21 entrants) of men and women.

BONUS EVENTS

Swimmers will be permitted to enter bonus. There will be no bonus event time standards (coaches please use discretion). Bonus events will be awarded as such:

- 1 qualifying time = 1 bonus event
- 2 qualifying times = 2 bonus events
- 3 qualifying times = 3 bonus events
- 4 qualifying times = 2 bonus events
- 5 qualifying times = 1 bonus event

FORMAT

2006 Senior Metropolitan LCM Championship qualification times will be used for this event. LCM Prelims / SCY Finals.

20 swimmers return from Prelims in a Bonus Final (8 swimmers), Consolation Final (6 swimmers), Super Final (4 swimmers), and Ultra Final (2 swimmers) in all events except the 1000 Freestyle which will be limited to the Top 8 qualifiers from the Prelim session.

The 800 Freestyle events will swim fastest to slowest in prelims and may be limited to the top 21 entrants (3 heats) in order to comply with the four hour session rule.

SCRATCHES

Scratches are due 30 minutes before the start of the Prelims session each day.

FACILITY

Prelims: 1 x 7-lane 50-meter pool plus 1 x 50-meter lane separated by double lane lines designated for continuous warm up/warm down.

Finals: 1 x 8-lane 25-yard pool for competition, with 2 x 20-yard lanes for continuous warm up/warm down.

ADMISSIONS

\$4.00 / person (17 & under free). Program: \$3.00 / session.

PARKING

Participants and coaches are encouraged to use the Brittany Garage located on 92nd Street between 1st Avenue & York Avenue (under the last building on the left side of 92nd Street). The garage gives a reduced flat rate on \$10.00 for up to 5 hours or \$12.00 for up to 8 hours (regular rates apply thereafter). Parking tickets must be validated at the admissions table on the second floor upon entry to the AquaCenter.

SPECTATORS

Only swimmers, coaches, and officials will be allowed on the pool deck. Teams are required to police their areas on the pool deck. Visitors are restricted to the 1st and 2nd floors of the building; violators will be removed from the facility.

CONCESSIONS

Refreshments will be available and must be consumed in the designated areas only. No food or glass bottles will be allowed on the pool deck or in the spectator area.

AWARDS

Individual events: Medals 1st-6th and Ribbons 7th-20th plus Individual Female and Male High Point Awards. Overall Team Awards: 1st-3rd place trophy. The 1000 will be scored 1st - 8th.

QUESTIONS

Brian Brown, AGUA Head Coach—212-369-8890 x234 or bbrown@asphaltgreen.org.