

BGC-N. WESTCHESTER MARLINS SWIM TEAM

HOLIDAY MEET

Saturday & Sunday, December 2-3, 2006

Sanction # 061202

SITE: Boys & Girls Clubs of Northern Westchester - Trotta Millennium Pool
351 Main Street - Mount Kisco, New York 10549 - (914) 666-8069

ELIGIBILITY: Competitors must be registered with USA Swimming. Age as of Dec. 2, 2006 will determine event eligibility.

POOL: 25 yard pool with eight 7-foot lanes. Non-turbulent lane-lines. Seating for 200 spectators. Colorado electronic timing system, with an eight-line scoreboard.

RULES: Current USA Swimming rules will govern the meet. All events are timed finals. Deck seeding will be used. Scratches must be received no later than 30 minutes before the start of each session. Entries will be accepted on a first come first served basis. **All sessions MAY be limited to 3 ½ hours before scratches.** A 10-minute warm-up/warm-down break will be included in each session.

WARM-UP: First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 & 7 will be open for one-way sprint. Lanes 3 & 6 will be assigned as necessary. All other lanes will remain open for general warm-up.

AWARDS: Individual events: medals: 1-8; ribbons: 9-16. Relays: medals: 1-3; ribbons: 4-8

ENTRIES: **Swimmers are limited to 4 events per session.** The meet will be run on computer using Hy-Tek's Meet Manager. Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A Master Sheet must accompany all entries. **All sessions MAY be limited to 3 ½ hours before scratches.**

1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **November 17, 2006.**

2: The final entry deadline for this meet is **November 24, 2006**

3: Metro entries received between 11/17/06 and 11/24/06 and all entries from other LSC's will be entered in the order they were received, as space allows.

An entry fee of **\$3.00 per individual event** and **\$8.00 per relay** must accompany the entries.

Make checks payable to: **Boys & Girls Clubs of Northern Westchester.** Mail entries to:

BGNW Marlins Swim Team
Attention: Monique Grayson
22 Pine Hill Court
Briarcliff Manor, New York 10510

Please sign the "signature waiver" on envelope for all entries sent by Express Mail

Email address: bgnwmarlins@aol.com

Food will be available in designated area only.

Food or glass bottles will not be allowed on deck or in the locker rooms.

ADMISSION: Adults: \$5.00 Programs: \$2.00 per session

CONDITIONS: Upon acceptance of his/her entries, the participant waives all claims against the Boys & Girls Clubs Of Northern Westchester, The Marlins Swim Team, Metropolitan Swimming, USA Swimming, their agents or representatives for any injury occurring as a result of the meet.

FOOD: Refreshments will be available for purchase in the designated area. Please eat outside the pool area and place trash in the proper receptacles. No food or drinks are allowed on the pool deck, but plastic water bottles are acceptable.

OFFICIALS: Certified Metropolitan Swimming Officials will be working at the meet.

VENDOR: Circle Swim Shop will provide swimming apparel and related items for sale throughout the meet.

DECORUM: Each club is requested to handle its own team and discipline problems. Anyone found vandalizing B/G Club property, stealing, or otherwise displaying disorderly conduct, will be subject to disqualification, ejection from the meet, and possible criminal prosecution.

QUESTIONS: Monique Grayson, Meet Director (914) 941-4464
Dennis Munson, Aquatic Director (914) 666-8069 #115

DIRECTIONS:

From I-684 North or South: Take exit 4 to route 172 West (towards Mt.Kisco). Drive approximately 2 miles. Take 117 North (keep right at traffic light). Go one block. Just before traffic light, turn right into B/G Club driveway. Enter pool from the main entrance.

From Long Island: Take Whitestone Bridge, to the Hutchinson Parkway North, to I-684 North, to exit 4 (then proceed as above).

From Saw Mill Parkway North: Take exit 33, Readers Digest Road. Cross railroad tracks and keep right. At traffic light, make a left turn on route 117 (it will become Main Street). Pass 2 traffic lights. Just before the third traffic light, turn right into B/G Club driveway.

From Taconic Parkway South: Take exit for route 133, Mount Kisco. At traffic light, make a right turn. At next traffic light, turn right and follow signs for Mt.Kisco (on route 133 east). Drive approximately 4 miles. At the end of 133, turn right onto route 117 South (Main Street). Pass 2 traffic lights. Just after the third traffic light, make an immediate left turn into the B/G Club driveway.

PS: Additional parking may be available across the street in hospital parking lot.

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Saturday & Sunday, December 2-3, 2006

Session 1: Saturday, December 2:

Warm-up: 1:00pm

Start: 2:00pm

GIRLS	AGE	EVENT	BOYS
1	9-10	100 yd Free	2
3	13-14	100 yd Free	4
5	9-10	50 yd Fly	6
7	13-14	200 yd Fly	8
9	9-10	100 yd Breast	10
11	13-14	100 yd Breast	12

10-minutes warm-up/warm-down

13	9-10	50 yd Back	14
15	13-14	200 yd Back	16
17	9-10	100 yd IM	18
19	13-14	200 yd IM	20
21	9-10	200 yd Free Relay	22
23	13-14	200 yd Free Relay	24

Session 2: Saturday, December 2:

Warm-up: 5:30pm

Start: 6:30pm

GIRLS	AGE	EVENT	BOYS
25	11-12	50 yd Free	26
27	Open	100 yd Free	28
29	11-12	100 yd Fly	30
31	Open	200 yd Fly	32
33	11-12	50 yd Breast	34
35	Open	100 yd Breast	36

10-minutes warm-up/warm-down

37	11-12	100 yd Back	38
39	Open	200 yd Back	40
41	11-12	100 yd IM	42
43	Open	200 yd IM	44
45	11-12	200 yd Free Relay	46
47	Open	200 yd Free Relay	48

Session 3: Sunday, December 3:

Warm-up: 8:00am

Start: 9:00am

GIRLS	AGE	EVENT	BOYS
49	13-14	50 yd Free	50
51	9-10	50 yd Free	52
53	13-14	200 yd Breast	54
55	9-10	50 yd Breast	56
57	13-14	100 yd Fly	58
59	9-10	100 yd Fly	60

10-minutes warm-up/warm-down

61	13-14	100 yd Back	62
63	9-10	100 yd Back	64
65	13-14	200 yd Free	66
67	9-10	200 yd I.M.	68
69	13-14	200 yd Medley Relay	70
71	9-10	200 yd Medley Relay	72

Session 4: Sunday, December 3:

Warm-up: 1:00pm

Start: 2:00pm

GIRLS	AGE	EVENT	BOYS
73	Open	50 yd Free	74
75	11-12	100 yd Free	76
77	Open	200 yd Breast	78
79	11-12	100 yd Breast	80
81	Open	100 yd Fly	82
83	11-12	50 yd Fly	84

10-minutes warm-up/warm-down

85	Open	100 yd Back	86
87	11-12	50 yd Back	88
89	Open	200 yd Free	90
91	11-12	200 yd I.M.	92
93	Open	200 yd Medley Relay	94
95	11-12	200 yd Medley Relay	96

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HOLIDAY INVITATIONAL
Saturday & Sunday, December 2-3, 2006

CLUB: _____ **CLUB CODE:** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

COACH: _____

PHONE: _____ **E-MAIL ADDRESS:** _____

CLUB CONTACT: _____ **PHONE:** _____

E-MAIL ADDRESS: _____

Entry Fees: Make check payable to: **Boys & Girls Clubs Of Northern Westchester**

Total Individual Events _____ x \$3.00 = _____

Total Relay Events _____ x \$8.00 = _____

TOTAL AMOUNT DUE _____

Due no later than November 24, 2006

Mail to: Monique Grayson, 22 Pine Hill Court, Briarcliff Manor, NY 10510

(Please sign the "signature waiver" on envelope for entries sent by Express Mail.)

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., The Boys & Girls Clubs of Northern Westchester, Trotta Millennium Pool, and the Marlins Swim Team, their agents or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) _____

No entries will be processed without this signed waiver.