

**NEWBURGH SHARKS**  
**Spring Starter**  
**May 16<sup>th</sup> & 17<sup>th</sup>, 2008**  
**Metropolitan Swimming Sanction #080503**

- SITE:** Newburgh Free Academy, 201 Fullerton Ave., Newburgh, N.Y. 12550.  
There is extensive on-site parking on the NFA campus off of Fullerton Ave. and Gidney Ave.
- ENTRIES:** Entries may be sent via email to [wakeupswim@aol.com](mailto:wakeupswim@aol.com). Checks and a hard copy of the entry form may be mailed to: Newburgh Sharks, 40 Balmville Rd., Newburgh, NY 12550
- FEES:** Distance events are \$3.00 per entry. Individual events are \$3.00 per entry. Relay events are \$8.00 per entry. Checks must be made out to **Newburgh Sharks**.
- CONDITIONS:**
1. Metro LSC clubs will be given priority on a first come/first serve basis and must be received by Friday, May 2<sup>nd</sup>.
  2. The final entry deadline for this meet is Friday, May 9<sup>th</sup>.
  3. Entries received between Saturday, May 3<sup>rd</sup> and Friday, May 9<sup>th</sup> will be entered in the order they were received, regardless of LSC affiliation, as space allows.
  4. USA Swimming, Inc., Metropolitan Swimming, Inc., Newburgh Enlarged City School District, Newburgh Sharks and their agents or representatives shall be held free and harmless from all liabilities or claims or damages arising by reason of injuries to anyone during the conduct of this meet.
- RULES:** USA Swimming Code of Conduct is in effect for this meet. Metropolitan LSC warm-up procedures will be in effect. All events are timed finals. Swimmers may enter up to four events per session.
- ELIGIBILITY:** All swimmers must be USA Swimming registered. Age as of the first day of the meet will determine eligibility for age group events. All persons on deck must have current USA Swimming credentials. Swimmers with disabilities are invited to attend. Any athlete who needs special considerations may contact the meet director.
- AWARDS:** Bag tags will be awarded for the top three finishers in the 1650 Free. Bag tags will be awarded for 1<sup>st</sup> through 6<sup>th</sup> place in the 8 & Under, 9/10, and 11/12 individual events. Bag tags will be awarded for 1<sup>st</sup> through 3<sup>rd</sup> place in 12 & Under relay events.
- SEEDING:** Seeding will be conducted at the beginning of each session utilizing a scratch sheet procedure. Heat sheets will be posted and distributed.
- ADMISSION:** There will be an admission charge of \$3.00 per adult per session. Psych sheets will be \$2.00.
- CONSESSION:** A concession and apparel stand will be available in the pool balcony during all sessions.
- QUESTIONS:** Any questions or problems, please contact Coach Becky Trenz at 914-329-8918 or [wakeupswim@aol.com](mailto:wakeupswim@aol.com)

**NEWBURGH SHARKS  
SPRING STARTER**

**Session 1: Friday, May 16<sup>th</sup>**

**Warm-Up: 4:00 PM**

**Meet Starts: 5:00 PM**

| Girls | EVENTS         | Boys |
|-------|----------------|------|
| 1     | Open 1650 Free | 2    |

**Session 2: Saturday, May 17<sup>th</sup>**

**Warm-Up: 7:30 AM**

**Meet Starts: 8:30 AM**

| Girls | EVENTS                      | Boys |
|-------|-----------------------------|------|
| 3     | 11/12 100 Free              | 4    |
| 5     | 9/10 50 Free                | 6    |
| 7     | 8 & Under 50 Free           | 8    |
| 9     | 11/12 100 Breaststroke      | 10   |
| 11    | 9/10 100 Breaststroke       | 12   |
| 13    | 8 & Under 50 Breaststroke   | 14   |
| 15    | 11/12 100 Backstroke        | 16   |
| 17    | 9/10 100 Backstroke         | 18   |
| 19    | 8 & Under 50 Backstroke     | 20   |
| 21    | 11/12 100 Butterfly         | 22   |
| 23    | 9/10 50 Butterfly           | 24   |
| 25    | 8 & Under 50 Butterfly      | 26   |
| 27    | 12 & Under 200 Medley Relay | 28   |

**Session 3: Saturday, May 17<sup>th</sup>**

**Warm-Up: 12:30 PM**

**Meet Starts: 1:30 PM**

| Girls | EVENTS                 | Boys |
|-------|------------------------|------|
| 29    | Open 200 IM            | 30   |
| 31    | 13/14 200 IM           | 32   |
| 33    | Open 100 Free          | 34   |
| 35    | 13/14 100 Free         | 36   |
| 37    | Open 200 Breaststroke  | 38   |
| 39    | 13/14 200 Breaststroke | 40   |
| 41    | Open 200 Backstroke    | 42   |
| 43    | 13/14 200 Backstroke   | 44   |
| 45    | Open 200 Butterfly     | 46   |
| 47    | 13/14 200 Butterfly    | 48   |
| 49    | Open 400 Medley Relay  | 50   |

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**May 16<sup>th</sup> & 17<sup>th</sup>, 2008**

**\*\*Please complete this form and mail with check\*\***

CLUB: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CLUB CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

ENTRY FEES: Make Check Payable to: **NEWBURGH SHARKS**

TOTAL DISTANCE ENTRIES: \_\_\_\_\_ X \$4.00 = \_\_\_\_\_

TOTAL INDIVIDUAL ENTRIES: \_\_\_\_\_ X \$3.00 = \_\_\_\_\_

TOTAL RELAY ENTRIES: \_\_\_\_\_ X \$8.00 = \_\_\_\_\_

TOTAL DUE = \_\_\_\_\_

Email Entries to: [wakeupswim@aol.com](mailto:wakeupswim@aol.com)

Send Check & Hard Copy of Entries to: Newburgh Sharks  
40 Balmville  
Newburgh, NY 12550

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., the Newburgh Sharks, and the Newburgh Enlarged City School District or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official): \_\_\_\_\_