

Hauppauge Swim Club

Hauppauge, New York

Head Coach: Tom Bruder

**Hauppauge One Day Meet
November 22th
091111**

Hauppauge November One Day Meet

November 22nd 2009

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #091111
- LOCATION:** [Hauppauge High School Ron Bellucci Natatorium](#)
- FACILITY:** [25 yard pool, 6 non turbulent lanes.](#)
The pool [has](#) been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** [Session 1- 7am warm up 8am start – age groups 11-12,13-14.](#)
[Session 2- 1pm warm up 2pm start – age groups 8 & under, 9-10, 15-18](#)
- FORMAT:** [Time finals](#)
[Deck Seeding](#)
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on [November 22nd](#) will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** [3 events per day,](#)
[First come first serve](#)
[Hy-tech](#)
- U.S. Mail Entries/Payment to: [Hauppauge Athletic Association p.o box 5065 Hauppauge Ny 11789](#)
Email Entries/Confirm Entry Receipt: marty11040@yahoo.com
[Singed signature waiver for express mailed entries](#)
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by [November 7th](#) .
2: The final entry deadline for this meet is [November 11th](#) .
3: Metro entries received between [11/08/09-11/11/09](#) and all entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of [\\$3.00](#) per individual even must accompany the entries.
Make check payable to: [Hauppauge Athletic Association.](#)
Payment must be received by [November 11th 2009](#) for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** [Assigned 20 minute intervals](#)
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** [Medals 1-3, Ribbons 4-6, Also heat winner ribbons..](#)

OFFICIALS: Meet Referee: [Kevin Damm – dammfan@peoplepc.com](mailto:dammfan@peoplepc.com)
[Chris Doveala – cdoveala@leviton.com](mailto:cdoveala@leviton.com)
Officials wishing to volunteer should contact Meet Referee by **November 11th**.

MEET DIRECTOR: [Marty Dominger – marty11040@yahoo.com](mailto:marty11040@yahoo.com)

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against [Hauppauge Athletic Association](#), Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

ADMISSION: [\\$5.00 Admission, \\$2 Program](#)

MERCHANTS: [Great hot and cold food available in lobby area during meet. Vender for swim gear.](#)

PARKING: [Parking in south lot only for the entire meet. This includes all coaches. The Hauppauge school district has asked us to abide by this parking rule as other events are going on this very busy weekend. We will have parents in the lot to direct traffic. We ask that you cooperate with their directions. The lot will be labeled “SWIM MEET PARKING”. Handicapped parking only is permitted in the north lot.](#)

DIRECTIONS:

Official) _____
No entries will be processed without this signed waiver

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., Hauppauge Athletic Association Swim Club, Hauppauge School District or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Hauppauge Swim Club

November 22, 2009

Session 1

Warm-up 7AM

Start 8AM

Girls	Event	Boys
1	11-12 100 Free	2
3	13-14 200 Free	4
5	11-12 50 Breast	6
7	13-14 100 Breast	8
9	11-12 50 Fly	10
11	13-14 100 Fly	12
13	11-12 50 Free	14
15	13-14 50 Free	16
17	11-12 100 Back	18
19	13-14 200 Back	20

Session 2

Warm-Up 1pm

Start 2PM

Girls	Event	Boys
21	8 and under 50 Fly	22
23	9-10 50 fly	24
25	15-18 100 Fly	26
27	8 and Under 50 Back	28
29	9-10 50 Back	30
31	15-18 200 Back	32
33	8 and Under 50 Free	34
35	9-10 100 Free	36
37	15-18 50 Free	38
39	9-10 100 Breast	40
41	15-18 200 Breast	42
43	9-10 100 IM	44
45	15-18 200 IM	46