



Condors IMX Age Group Invitational

November 13th – 15th, 2015

Sanction #151109
Time trial #151153-T

Invited Teams: New York Sharks, BGNW, Morris County Swim Club, Wagner Aquatic Club, Saw Mill Club Swim Team, Club Fit Jefferson Valley, 92nd Street Y, Spartans Swim Team, Washingtonville Seahawks, Jersey Flyers Aquatic Club, MALT, Westchester Aquatics, AGUA, Manhattan Makos, Storm Aquatics, Rivertown Rays, Red Fox Aquatic Club, Club Fit Briarcliff, Middies, Team Suffolk, Match Point, Nile Crocodile, Scarlet Aquatics, Somerset Valley Y, GAEL, Patriot, Team Rockland, Suffern Sea Lions, Cheshire Y/Sea Dog, Pocono Family Y, Shelton Monroe, Waverunners – NJ, Sachem Swim Club, Viking Aquatics, Freedom Aquatics, Queens Aquatic Club

Any other teams who would like to be invited, please contact Laurie@CondorsSwimming.com

Condors IMX Age Group Invitational

November 13 - 15, 2015

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #151109, 151153-T
- LOCATION:** Felix Festa Middle School Pool
30 Parrott Road
West Nyack, NY 10994
- FACILITY:** 50 meter pool with 7-foot lanes and non-turbulent lane lines. Shallow end of pool will be used for continuous warm up and warm downs. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators.
The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** ***PLEASE NOTE: THE BUILDING DOORS WILL NOT OPEN UNTIL 5:30PM ~ please make sure that you do NOT enter the building before that time.***
- Session 1: Friday Distance - Warm-Up 5:45 PM, Start 6:30 PM
Session 2: Saturday Morning – Warm-Up 9:30 AM, Start 10:30 AM **(due to varsity practice)**
Session 3: Saturday Afternoon – Warm-Up 3:00 PM, Start 4:00 PM
Session 4: Sunday Morning – Warm-Up 7:30 AM, Start 8:30 AM
Session 5: Sunday Afternoon – Warm-Up 1:00 PM, Start 2:00 PM
- FORMAT:** This will be a timed finals event. This is a deck seeded meet.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on November 13, 2015 will determine age for the entire meet.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 3 individual events per day. **No NT's will be accepted.**
- Invited teams will be given priority in acceptance of entries.
- Entries will be accepted on a first come, first served basis. The host team reserves the right to keep its swimmers entered in the meet.
- There are "faster than" times for the following events:** 11-12 500 Free, 13 & Over 400 IM, 13-14 500 Free and Open 500 free. Host team reserves the right to keep it swimmers entered in these events.
- Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A Master Sheet must accompany all entries.
- U.S. Mail Entries/Payment to:
- Condors Swim Club
115 North Main Street
New City, NY 10956**
- Email Entries/Confirm Entry Receipt: MeetEntries@CondorsSwimming.com
- Sign Express Mail Waiver allowing delivery without signature.
- DEADLINE:** Entries must be received by : October 30, 2015
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
An entry fee of \$6.00 per individual even must accompany the entries.
- ENTRY FEE:** Make check payable to: Condors Swim Club.
Payment must be received by October 2, 2015 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

- WARM-UP:** The first 40 minutes will be general warm-up. The last 20 minutes: lanes 2-7 will be open for one-way sprints; lanes 1 & 8 will be designated for pace. Lanes 3 & 6 will be assigned as necessary. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach. The meet director reserves the right to assign warm-up lanes. Friday warm-ups are limited to 45 minutes.
- SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- A positive check-in for the 500 will be required at the start of the warm-up for those sessions.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons will be awarded to 12 & under swimmers only for places 1st – 8th in all events. High point awards will be given to the Top 8 finishers in the IMX power points for each age group. Swimmers must participate in every event in the IMX program to be eligible for a high point award.
- IMX Program of Events**
9 - 10: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
11 – 12: 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
13 & Over: 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM
- OFFICIALS:** Meet Referee: Mike Natale
Officials wishing to volunteer should contact Meet Referee by email mike4swimming@yahoo.com
- Admin Officials: Laurie Lawson, 845-274-6010, Laurie@CondorsSwimming.com
Julie Schatz, 845-274-6010, Office@CondorsSwimming.com
- MEET DIRECTOR:** Laurie Lawson, contact information phone: 845-274-6010,
Email Laurie@CondorsSwimming.com
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"
- WATER DEPTH:** USA 2012 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
1.0 meter = 4 feet 6 inches, 5 meters = 13 feet
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Clarkstown Central School District, Condors Swim Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms or behind the blocks – 202.3 and 202.4 (effective January 1, 2012)
- DECK CHANGING:** Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

DECK CHANGING:

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged

ADMISSION

\$7.00 Adults/session - includes free access to Electronic Heat Sheets on Meet Mobile and free wifi access. All spectators are encouraged to use the Meet Mobile App in conjunction with the fee wifi provided by the facility. Electronic Heat Sheets will be made available for free on the Meet Mobile app.

MERCHANTS:

A concession stand will be available throughout the duration of the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet.

PARKING:

There is ample on-site parking next to the pool. **Please park in the school lots to avoid ticketing or towing. Attendees should NOT park on the grass on any residential streets or they will be towed by the town. There will be security guards directing parking – please be respectful.**

DIRECTIONS:

From North of Rockland County: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

From the George Washington Bridge: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the Tappan Zee Bridge: Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.



Friday PM Session

Warm-up: 5:45 PM

Start: 6:30 PM

Faster Than	Girls	Event		Boys	Faster Than
	1	9-10 200 Freestyle	IMX	2	
6:37.09	3	13-14 500 Freestyle	IMX	4	6:15.59
6:55.04	5	11-12 500 Freestyle	IMX	6	6:47.89
6:37.09	7	15-18 500 Freestyle	IMX	8	6:15.59

Saturday AM Session

Warm-up: 9:30 AM

Start: 10:30 AM

Faster Than	Girls	Event		Boys	Faster Than
	9	9-10 50 Freestyle		10	
	11	13-14 Girls 50 Freestyle			
		13-14 Boys 200 Butterfly	IMX	12	
	13	9-10 100 Backstroke	IMX	14	
	15	13-14 200 Backstroke	IMX	16	
	17	9-10 Girls 200 Individual Medley	IMX		
		9-10 Boys 100 Butterfly	IMX	18	
6:08.50	19	13-14 Girls 400 Individual Medley	IMX		
		13-14 Boys 200 Individual Medley	IMX	20	

Saturday PM Session

Warm-up: 3:00 PM

Start: 4:00 PM

Faster Than	Girls	Event		Boys	Faster Than
	21	11-12 50 Freestyle		22	
	23	Open Girls 50 Freestyle			
		Open Boys 200 Butterfly	IMX	24	
	25	11-12 100 Backstroke	IMX	26	
	27	Open 200 Backstroke	IMX	28	
	29	11-12 Girls 200 Individual Medley	IMX		
		11-12 Boys 100 Butterfly	IMX	30	
6:08.50	31	Open Girls 400 Individual Medley	IMX		
		Open Boys 200 Individual Medley	IMX	32	

Sunday AM Session

Warm-up: 7:30 AM

Start: 8:30 AM

Faster Than	Girls	Event		Boys	Faster Than
	33	9-10 50 Backstroke		34	
	35	13-14 Girls 200 Butterfly	IMX		
		13-14 Boys 50 Freestyle		36	
	37	9-10 100 Breaststroke	IMX	38	
	39	13-14 200 Breaststroke	IMX	40	
	41	9-10 Girls 100 Butterfly	IMX		
		9-10 Boys 200 Individual Medley	IMX	42	
	43	13-14 Girls 200 Individual Medley	IMX		
		13-14 Boys 400 Individual Medley	IMX	44	5:45.00

Sunday PM Session

Warm-up: 1:00 PM

Start: 2:00 PM

Faster Than	Girls	Event		Boys	Faster Than
	45	11-12 50 Backstroke		46	
	47	Open Girls 200 Butterfly	IMX		
		Open Boys 50 Freestyle		48	
	49	11-12 100 Breaststroke	IMX	50	
	51	Open 200 Breaststroke	IMX	52	
	53	11-12 Girls 100 Butterfly	IMX		
		11-12 Boys 200 Individual Medley	IMX	54	
	55	Open Girls 200 Individual Medley	IMX		
		Open Boys 400 Individual Medley	IMX	56	5:45.00