

*R*ivertown *ays*



Rivertown Winter Wonderland Invitational
12/19/15-12/20/15
Sanction# 151206 & 151253T

Invited Teams: Gael Aquatics, New Rochelle YMCA, Riverbank Redtails, Club Fit Jefferson Valley, Club Fit Briarcliff, DevilFish Aquatics, FAST, White Plains YWCA Middies, Ossining Spartans, New York City Aquatic Club, Southern Westchester Aquatic Group, Brooklyn Stingrays, Flying Dolphins Swim Team, Queens Aquatic Club, Roosevelt Island Marlins .

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- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 151206/#151253-T
- LOCATION:** PACE UNIVERSITY
861 Bedford Road, Entrance # 3
Pleasantville, NY
- FACILITY:** 25 yard indoor pool with 7-foot lanes, non turbulent lane-lines, Seating limited on pool deck in observation decks above the pool.
The pool Has not been certified in accordance with Article 104.2.2C (4)
Water Depth measured shallow end is 4 feet and starting end of 12 feet.
- SESSIONS:** **Saturday Morning 10&U and 11-12 – Warmup 1:30pm – start 2:30pm**
Sunday Morning Open – warm-up 8:00am – start 9:00am
Sunday Afternoon 10 & U and 11-12 – warm-up 1:00pm – start 2:00pm
- FORMAT:** All events will be held as timed finals – All events will be deck seeded.
- ELIGIBILITY** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **December 19, 2015** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers are limited to 4 individual events per day. All sessions will be limited to 4 hours before scratches. The Open 500 Free and the Open 400IM may be limited to two heats based time on time line; Will be limited to Top 16 times. All other events will be first come/first serve until the meet is full. The meet will be run on computer using Hy-Tek's Meet Manager. Team must submit entries using an export file of Hy-Tek Team Manager. Email all entries to Anissa Sullivan at anissasullivan@gmail.com. Payment must be received by Saturday December 19, 2015.
- An email confirming receipt of entries and a meet manager meet entries report will be sent to the coach. Please contact Anissa if you do not receive such a report within 2 days of your original email. NT(no time), paper, phone or fax entries will not be accepted.
- U.S. Mail Entries/Payment to: **Rivertown Aquatics, Inc**
Mail to: Rivertown Aquatics
Attn: Jeffrey McClung
11 Holland Ave
Sleepy Hollow, NY 10591
Email Entries/Confirm Entry Receipt: anissasullivan@gmail.com
- DEADLINE:** Entries must be received December 1, 2015 for all Invited Teams. After December 1st Entries will be opened to all teams.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$4.00** per individual, **\$16.00 for relay**, **\$ 5** per swimmer surcharge even must accompany the entries.
Make check payable to: Rivertown Aquatics.
Payment must be received by December 21, 2012 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

- WARM-UP:** The first 40 minutes will be general warm-up. The last 20 minutes: lanes 2-7 will be open for one-way sprints; lanes 1 & * will be designated for pace. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Medals for places 1-3 in all individual events and relays.
Ribbons for places 4-8 for all individual events.
- OFFICIALS:** Meet Referee: Paul McClintock
Officials wishing to volunteer should contact Meet Referee by December 11, 2015.
Admin. Official: Anissa Sullivan
- MEET DIRECTOR:** Anissa Sullivan, contact information phone, 914-557-7472
Email: anissasullivan@gmail.com
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"
Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
1.0 meter = 4 feet 6 inches, 5 meters = 13 feet
- DISCLAIMER:** DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against "PACE UNIVERSITY, Rivertown Aquatics, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- ADMISSIONS** \$ 5.00 Adults/session
\$ 3.00 Program/session
- PARKING** There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing.

Directions Pleasantville Campus 861 Bedford Rd. Pleasantville, NY 10570 (914) 773-3200

BY CAR

Below are directions from the North, South, East and West. Visit Yahoo maps to create door-to-door directions to our Pleasantville campus.

Saw Mill River Parkway– Northbound

• Take exit 26, “Taconic State Parkway.” The first exit on the Taconic Parkway is for Pace University at Pleasantville – Route 117. At the end of the exit there is a traffic light. Entrances one and two to the campus are directly in front of you, straight across the intersection. If you turn right at the light and proceed east on Rte 117, entrance three is 2/10 of a mile on the left. Entrance three is the most popular entrance with access to our residence halls and administrative buildings.

Saw Mill River Parkway- Southbound

• Take Exit 29, “Manville Road/Pleasantville.” At the stop sign, turn left onto Manville Road. Travel 2/10 of a mile. At the stop sign, turn right onto Route 117 (Bedford Road). The campus is 3/10 of a mile on the right. You will see three entrances, marked three, then two, then one. Entrance three is the most popular entrance with access to our residence halls and administrative buildings.

Sprain Brook Parkway and the Taconic State Parkway – Northbound

• Take the Sprain Brook Parkway northbound. At the Hawthorne interchange, the Sprain Brook will lead directly onto the Taconic State Parkway. The first exit on the Taconic Parkway is for Pace University at “Pleasantville – Route 117.” At the end of the exit there is a traffic light. Entrance one and two to the campus are directly in front of you, straight across the intersection. If you turn right at the light and proceed east on Rte 117, entrance three is 2/10 of a mile on the left. Entrance three is the most popular entrance with access to our residence halls and administrative buildings.

Taconic State Parkway– Southbound

• Take the exit “Pleasantville Road/Pleasantville.” At the end of the exit, at the light, turn left and proceed under the Taconic Parkway. Continue on Pleasantville Road to the third traffic light. Turn right at this light and proceed 2/10 of a mile. At the stop sign turn right onto Route 117 (Bedford Road). The campus is 3/10 of a mile on the right. You will see three entrances, marked three, then two, then one. Entrance three is the most popular entrance with access to our residence halls and administrative buildings.

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Session 1: Saturday, December 19, 2015

Warm-up 1:30pm Start 2:30pm

Girls	Age	Event	Boys
1	11-12	100 Free	2
3	9-10	50 Free	4
5	8/Under	50 Free	6
7	11-12	50 Breast	8
9	9-10	100 Breast	10
11	8/Under	50 Breast	12
13	11-12	100 Back	14
15	9-10	50 Back	16
17	8/Under	50 Back	18
19	11-12	100 Butterfly	20
21	9-10	100 Butterfly	22
23	8/Under	50 Fly	24

Session 2: Sunday, December 20, 2015

Warm-up 08:00am Start 9:00am

Girls	Age	Event	Boys
25	OPEN	50 Free	26
27	OPEN	500 Free	28
29	OPEN	100 Back	30
31	OPEN	50 Breast	32
33	OPEN	100 Fly	34
35	OPEN	200 Back	36
37	OPEN	100 Breast	38
39	OPEN	200 Fly	40
41	OPEN	50 Back	42
43	OPEN	400 IM	44
45	OPEN	400 Free Relay	46

Open 500 Free and Open 400IM may be limited to two heats based top 16 entry time

Session 3: Sunday, December 20, 2015

Warm-up 01:00pm Start 2:00pm

Girls	Age	Event	Boys
47	11-12	50 Free	48
49	9/10	100 Free	50
51	8/Under	100 Free	52
53	11-12	100 Breast	54
55	9/10	50 Breast	56
57	8/Under	100 Breast	58
59	11-12	50 Back	60
61	9/10	100 Back	62
63	8/Under	100 Back	64
65	12/Under	400 Free Relay	66

