



2016 MR AGUA **Martin** Luther King, Jr. Swim Meet
Saturday – Monday January 16-18, 2016
Sanction # 160114

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- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #
- LOCATION:** Asphalt Green AquaCenter—1750 York Ave. (Corner of 91st St. and York Ave.)
- FACILITY:** Eight (8) 25-yard lanes with minimum depth 6 ft. 7 in.
Two (2) 20-yard lanes will be provided for continuous warm up/warm down.
The pool has **not** been certified in accordance with Article 104.2.2C(4).
- SESSIONS:**
- | | | |
|---------------------|------------------|----------------|
| Saturday 12 & Under | Warm-up 8:00 AM | Start 9:00 AM |
| Saturday 13 & Over | Warm-up 1:00 PM | Start 2:00 PM |
| Sunday 12 & Under | Warm-up 8:00 AM | Start 9:00 AM |
| Sunday 13 & Over | Warm-up 1:00 PM | Start 2:00 PM |
| Monday 12 & Under | Warm-up 8:00 AM | Start 9:00 AM |
| Monday 11 & Over | Warm-up 12:00 PM | Start 12:30 PM |
| Monday 13 & Over | Warm-up 2:00 PM | Start 2:45 PM |
- FORMAT:** All events are timed finals. Deck seeding will be used.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **January 16** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers will be limited to three (3) events per day. Entries are limited and will be on a first come, first served basis. Entries should be submitted in Hy-Tek Meet Manager form.
- Email entries/Confirm entry receipt: bgreen@asphaltgreen.org
- U.S. Mail Entries/Payment to:
AGUA Swim Team
555 E. 90th St.
New York, NY 10128
- DEADLINE:**
1. Metro LSC teams will be given priority on a first come, first served basis. Metro team entries must be received by **December 25, 2015**.
 2. The final entry deadline for this meet is **January 1, 2016**.
 3. Metro entries received between **December 25, 2015** and **January 1, 2016** and all entries from other LSCs will be entered in the order they were received, as space allows.
An entry receipt confirmation will be emailed if you provide an email contact. **Please contact the Meet Director if you do not receive such a report within two days of your original email.**
- ENTRY FEE:** The entry fee is **\$4.00** per individual event. Make check payable to: **Asphalt Green**.
Payment must be received by **January 16, 2016** for email entries. Payment must be included with all mail entries.
Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** General warm-up with feet-first entry only. Doors for all coaches, athletes and spectators will open **30 minutes** prior to warm-up. Sprint Lanes will be designated 20 minutes prior to the start of the session.

- SCRATCHES:** Coaches, please note that a final scratch file will be due **January 14 at 9 AM for Saturday's events, and we will have scratch sheets for Sunday and Monday due by 4 PM the previous day.**
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons 1st—8th place for 12 & Under age groups. All awards will be distributed to coaches only at the end of the end. No individual awards will be distributed. Awards will not be mailed or forwarded.
- OFFICIALS:** Meet Referee: Amanda Lister, amanda@listernyc.com Admin Official: Tom Lister, tom.lister@permira.com
Officials wishing to volunteer should contact the Meet Referee.
All teams are strongly encouraged to provide one official.
- MEET DIRECTOR:** Brad Green
bgreen@asphaltgreen.org
(646) 981-2250
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the Meet Referee.
- SAFETY:** Metropolitan safety and warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- AUDIO/VISUAL:** The use of audio or visual recording devices, including a cell phone or tablet device is not permitted in changing areas, restrooms or locker rooms.
- DISCLAIMER:** Upon acceptance of his/her entries, ***it is understood that Asphalt Green, The AGUA Swim Team, USA Swimming, Inc and Metropolitan Swimming, Inc shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event"***
- LOCKER ROOMS:** Changing into or out of swimsuits in anywhere other than locker rooms or other designated areas is not appropriate and is strictly prohibited.
- ADMISSION:** Adult admission (18 & Over): \$5.00 / person. Session Program: \$3.00 / session.
- MERCHANTS:** Refreshments will be available and must be consumed in the designated areas only. No food or glass bottles will be allowed on the pool deck or in the spectator area.
- PARKING:** The following garages are available for parking during the meet:
The Hamilton—1735 York Ave. (90th St. between York Ave. and First Ave): \$16 from 6:00 AM – 7:30 PM
The Andover—1675 York Ave. (York Ave. between 88th St. and 89th St.): \$9 from 6:00 AM – 7:00 PM weekdays and \$16 from 6:00 AM – 7:00 PM weekends
- LODGING:** The Courtyard New York Manhattan/Upper East Side is a proud hotel partner of Asphalt Green. To inquire about special guest room discounts for this event, please contact Laura Bauman, Sales Manager, Marriott International. Direct Dial: (917) 492-3716 / Email: laura.bauman@marriott.com
- DIRECTIONS:** From the North or South take the FDR Drive 96th Street exit. Proceed through lights heading downtown to light at 92nd St. & York Ave. intersection. Pool is located on the left at the following intersection at 91st St. and York Ave.

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SATURDAY, JANUARY 16th 2016

SESSION I 8:00 AM Warm-up – 9:00 AM Start				SESSION II 1:00 PM Warm-up – 2:00 PM Start			
F			M	F			M
1	9-10	200 IM	2	17	13 & Over	200 FR	18
3	11-12	200 IM	4	19	13 & Over	100 BK	20
5	10 & Under	50 BR	6	21	13 & Over	200 FL	22
7	11-12	200 BR	8	23	13 & Over	200 BR	24
9	9-10	100 FL	10				
11	11-12	100 FL	12				
13	10 & Under	50 FR	14				
15	9-12	200 FR	16				

SUNDAY, JANUARY 17th 2016

SESSION III 8:00 AM Warm-up – 9:00 AM Start				SESSION IV 1:00 PM Warm-up – 2:00 PM Start			
F			M	F			M
25	11-12	100 IM	26	41	13 & Over	200 BK	42
27	10 & Under	100 IM	28	43	13 & Over	100 FR	44
29	11-12	200 BK	30	45	13 & Over	100 BR	46
31	10 & Under	50 BK	32	47	13 & Over	500 Free***	48
33	11-12	100 BR	34				
35	9-10	100 BR	36				
37	11-12	50 FR	38				
39	9-12	500 FR***	40				

MONDAY, JANUARY 18th 2016

SESSION V 8:00 AM Warm-up – 9:00 AM Start				SESSION VI 12:30 PM Warm-up – 1:00 PM Start				SESSION VII 2:30 PM Warm-up – 3:15 PM Start			
F			M	F			M	F			M
49	9-10	100 FR	50	63	11 & Over	400 IM***	64	65	13 & Over	200 IM	66
51	11-12	100 FR	52					67	13 & Over	50 FR	68
53	10 & Under	50 FL	54					69	13 & Over	100 FL	70
55	11-12	200 FL	56								
57	9-10	100 BK	58								
59	11-12	100 BK	60								
61	10 & Under	100 FR	62								

**3 individual events **

All distance events will be limited to the top 5 heats.