



2016 MR AGUA Last Chance Meet
Saturday – Sunday March 5-6, 2016
Sanction #160303

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- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #160303
- LOCATION:** Asphalt Green AquaCenter—1750 York Ave. (Corner of 91st St. and York Ave.)
- FACILITY:** Eight (8) 25-yard lanes with minimum depth 6 ft. 7 in.
Two (2) 20-yard lanes will be provided for continuous warm up/warm down.
The pool has **not** been certified in accordance with Article 104.2.2C(4).
- SESSIONS:**
- | | | |
|---------------|-----------------|---------------|
| Saturday 9-12 | Warm-up 8:00 AM | Start 9:00 AM |
| Saturday 1000 | Warm-up 12:30PM | Start 1:00PM |
| Saturday Open | Warm-up 2:00 PM | Start 3:00 PM |
| Sunday 9-12 | Warm-up 8:00 AM | Start 9:00 AM |
| Sunday Open | Warm-up 1:30 PM | Start 2:30 PM |
- FORMAT:** All events are timed finals. Deck seeding will be used.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **March 5** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers will be limited to three (3) events per day. Entries are limited and will be on a first come, first served basis. Entries should be submitted in Hy-Tek Meet Manager form.
- Email entries/Confirm entry receipt: bgreen@asphaltgreen.org
- U.S. Mail Entries/Payment to:
Asphalt Green
555 E. 90th St.
New York, NY 10128
- DEADLINE:**
1. Metro LSC teams will be given priority on a first come, first served basis. Metro team entries must be received by **February 17, 2016**.
 2. The final entry deadline for this meet is **February 24, 2016**.
 3. Metro entries received between **February 17, 2016** and **February 23, 2016** and all entries from other LSCs will be entered in the order they were received, as space allows.
- An entry receipt confirmation will be emailed if you provide an email contact. **Please contact the Meet Director if you do not receive such a report within two days of your original email.**
- ENTRY FEE:** The entry fee is **\$4.00** per individual event. Make check payable to: **Asphalt Green**.
Payment must be received by **March 5, 2016** for email entries. Payment must be included with all mail entries.
Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** General warm-up with feet-first entry only. Doors for all coaches, athletes and spectators will open **30 minutes** prior to warm-up. Sprint Lanes will be designated 10 minutes prior to the start of the session.
- SCRATCHES:** **Scratches will be due 40 minutes prior to the start of each session**

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons 1st—8th place for 12 & Under age groups. All awards will be distributed to coaches only at the end of the end. No individual awards will be distributed. Awards will not be mailed or forwarded.
- OFFICIALS:** Meet Referee: Amanda Lister, amanda@listernyc.com
Officials wishing to volunteer should contact the Meet Referee.
All teams are strongly encouraged to provide one official.
Admin Referee: Tom Lister, tom.lister@permira.com
- MEET DIRECTOR:** Brad Green
bgreen@asphaltgreen.org
(646) 981-2250
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the Meet Referee.
- SAFETY:** Metropolitan safety and warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- AUDIO/VISUAL:** The use of audio or visual recording devices, including a cell phone or tablet device is not permitted in changing areas, restrooms or locker rooms.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Asphalt Green, AGUA Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.,** their agents or representatives for any injury incurred as a result of this meet.
- LOCKER ROOMS:** Deck changes are prohibited.
- ADMISSION:** Adult admission (18 & Over): \$5.00 / person. Session Program: \$5.00 / session.
- MERCHANTS:** Refreshments will be available and must be consumed in the designated areas only. No food or glass bottles will be allowed on the pool deck or in the spectator area.
- PARKING:** The following garages are available for parking during the meet:
The Hamilton—1735 York Ave. (90th St. between York Ave. and First Ave): \$16 from 6:00 AM – 7:30 PM
The Andover—1675 York Ave. (York Ave. between 88th St. and 89th St.): \$9 from 6:00 AM – 7:00 PM weekdays and \$16 from 6:00 AM – 7:00 PM weekends
- LODGING:** The Courtyard New York Manhattan/Upper East Side is a proud hotel partner of Asphalt Green. To inquire about special guest room discounts for this event, please contact Mithras Pathak, Sales Manager, Marriott International. Direct Dial: (917) 492-3716 / Email: Mithras.Pathak@marriott.com
- DIRECTIONS:** From the North or South take the FDR Drive 96th Street exit. Proceed through lights heading downtown to light at 92nd St. & York Ave. intersection. Pool is located on the left at the following intersection at 91st St. and York Ave.

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SATURDAY, MARCH 5 2016

SESSION I 8:00 AM Warm-up – 9:00 AM Start				SESSION II 12:30 PM Warm-up – 1:00 PM Start				SESSION III 2:00 PM Warm-up – 3:00 PM Start			
F			M	F			M	F			M
1	11-12	200 Fr	2	21	Open	1000 Free****	22	23	Open	200 FR	24
3	9-10	200 FR	4					25	Open	100 FL	26
5	11-12	100 FL	6					27	Open	200 BK	28
7	9-10	100 FL	8					29	Open	100 BR	30
9	11-12	50 BK	10					31	Open	50 FR	32
11	9-10	50 BK	12					33	Open	400 IM***	34
13	11-12	100 BR	14								
15	9-10	100 BR	16								
17	11-12	50 FR	18								
19	9-10	50 FR	20								

SUNDAY, MARCH 6 2016

SESSION IV 8:00 AM Warm-up – 9:00 AM Start				SESSION V 1:30 PM Warm-up – 2:30 PM Start			
F			M	F			M
35	11-12	200 IM	36	55	Open	200IM	56
37	9-10	200 IM	38	57	Open	200 FL	58
39	11-12	50 FL	40	59	Open	100BK	60
41	9-10	50 FL	42	61	Open	200BR	62
43	11-12	100 BK	44	63	Open	100FR	64
45	9-10	100 BK	46	65	Open	500FR	66
47	11-12	50 BR	48				
49	9-10	50 BR	50				
51	11-12	100 FR	52				
53	9-10	100 FR	54				

3 individual events.

500/400IM will be limited to the top 5 heats.

****1000 Free will be limited to the top 2 heats****