



BADGER

SWIM CLUB

2016 Summer Starter

**At Lehman College Bronx NY, Hosted by
Badger Swim Club Inc.**

Sunday June 5 , 2016



Metropolitan Swimming Sanction #160607

Summer Starter Hosted by Badger Swim Club

Sunday June 5 2016

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 160607
- LOCATION:** Lehman College, 250 Bedford Park Blvd. New York NY 10468
- FACILITY:** Lehman College is an 8 lane 50 meter pool with a bulkhead. The meet will be run in the deep end of the pool and the shallow end will be used for continuous warm up and warm downs. Dak-Tronic electronic timing system and an 8-line scoreboard.
The pool has been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** Session 1: Sunday AM: 7:30 AM Warm Up – 8:30 AM Start
Session 2: Sunday PM: 1:00 PM Warm-Up – 2:00 PM Start
- FORMAT:** This is a timed final meet.
This meet will be deck seeded with coaches checking in/scratching all swimmers.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on June 5, 2016 will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** All swimmers must be a member of USA Swimming to enter and compete in this meet.
There will be 10 and Under, 11-12, 13-14 and 15-18 Events.
Swimmers may compete up to **5 individual** events per day
Recon will be done at least one week prior to the meet. ~~Times must have been achieved within the qualifying time period and must be in the SWIMS database. Entry times not found in SWIMS will be scratched. Times cannot be converted times, NT's will not be accepted.~~
- U.S. Mail Entries/Payment to: **Badger Swim Club Inc.**
119 Rockland Rd.
Larchmont, NY 10538
Email Entries/Confirm Entry Receipt: badgermeetentries@gmail.com
Sign Express Mail Waiver allowing delivery without signature
- DEADLINE:** The final entry deadline for this meet is **May, 24th 2016**
No updates of times.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$5.00** per individual event
Make check payable to: **Badger Swim Club Inc.**
Payment must be received by **June 5th 2016** for email entries. Payment must be included with all mail entries.
Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP:	Warm-ups will be run under Metro Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm up lanes and sprint lanes. One Way Sprint lanes must be monitored by the swimmers' coach that is using that sprint lane. All swimmers must enter the pool from the starting end of the pool. One Way sprint lanes will start 20 minutes before the end of the warm ups at the competition end of the pool. Warm up times may be assigned to teams depending on the total amount of swimmers.
SCRATCHES:	Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session. Metro Scratch rules will apply.
COACHES:	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
AWARDS:	Ribbons for 1st-8th in the 9-10, 11-12, and 13-14 age groups – no awards for 15&O.
OFFICIALS:	Meet Referee: Phil Johanson philjohanson2003@aol.com Officials wishing to volunteer should contact Meet Referee by May 24th 2016.
ADMIN OFFICIALS:	Administrative Official: Wendy Martinez wendy.martinez1@lehman.cuny.edu
MEET DIRECTOR:	Lucy Johanson – 9148341084
RULES:	The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure WILL BE USED for this meet.
SAFETY:	Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. “Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”
WATER DEPTH:	USA 2011 - 202.3.7 Water depth from end of pool in shallow end is: 13 feet at 1 meter / 12 feet at 5 meters
DISCLAIMER:	DISCLAIMER: Upon acceptance of his/her entries, the participant waives all all claims against Badger Swim Club Inc., Lehman College, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
AUDIO/VISUAL STATEMENT:	Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or BEHIND THE BLOCKS.
DECK CHANGING:	Deck changing is prohibited.
ADMISSION:	\$8.00 Adults/Session Program/Session On Meet Mobile
MERCHANTS:	Metro Swim Shop Badger Swim Club Inc. Concession Stand

PARKING:

Parking: Free Parking for Coaches with USA Swimming Credentials
\$5.00 fee all-day parking at College Supervised Lot, (100 yards from APEX).

DIRECTIONS:

DIRECTIONS TO LEHMAN COLLEGE APEX! Bedford Park Boulevard between Goulden and Paul Aves.!

BY SUBWAY: Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street.

BY BUS: FROM WESTCHESTER:

(White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West.

BY CAR: Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right.

Via Saw Mill River Parkway South

(it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right.

IMPORTANT! IN CASE OF EMERGENCY: Pool Office: 718- 960-7123 Meet Desk: 718-960-1134

Metropolitan Swimming, Inc. & Badger Swim Club Inc. Summer Starter Swim Meet 2016

Sunday, June 5 2016

*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against **USA-Swimming, Lehman College, Metropolitan Swimming, Inc., Badger Swim Club Inc. and their staff**, for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)

NAME(S) OR COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

ENTRY _____ Individual Event Entries @ \$5.00 = ___\$_____

SUMMARY: _____

TOTAL ENTRY FEES = ___\$_____

MAKE CHECKS PAYABLE TO: Badger Swim Club Inc.

List All Unattached Swimmers:

Unattached Swimmer: _____ Unattached Swimmer: _____

Unattached Swimmer: _____ Unattached Swimmer: _____