

**LONG BEACH AQUATICS**

**SNOWBALL 8-UNDER MINI MEET**



LBA Snowball Mini- Meet  
Saturday, January 9, 2016  
Sanction 160106

# Long Beach Aquatics Snowball Mini-Meet

Saturday, January 9, 2016

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #160106
- LOCATION:** Long Beach High School, 322 Lagoon Drive West, Lido Beach, NY 11561
- FACILITY:** 6 lane 25 yard pool with diving blocks (10' deep), non-diving end 4' deep  
Scoreboard will not be used.  
Seating for 250 spectators in bleachers, in addition to a viewing area up top.  
The pool **has not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** 8:00 am Warm up- 9:00 am Start
- FORMAT:** All events will be timed finals.  
There will be a seeding area on deck for all individual events, relay events will be responsible for getting up behind blocks.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
No "Deck Registrations" will be accepted  
Age on **Saturday, January 9, 2015** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** 8 year old swimmers are limited to 5 individual events, 7 year old swimmers are limited to 4 individual events, 6 year olds are limited to 3 individual events.  
The session **MAY** also be limited to 3 hours before scratches. Session will be closed at 150 swimmers, no exceptions!  
Email entries only.
- U.S. Mail Entries/Payment to: **Gail Farrell : 21 E Penn St, Long Beach, NY 11561**  
Email Entries/Confirm Entry Receipt: [Longbeachaquatics@gmail.com](mailto:Longbeachaquatics@gmail.com)
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **Monday, December 14, 2015**.  
2: The final entry deadline for this meet is **December 21, 2015**  
3: Metro entries received between **Monday December 14** and **Monday December 21** and all entries from other LSC's will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$4.00** per individual event and \$8.00 per relay event must accompany the entries.  
Make check payable to: **Long Beach Aquatics**.  
Payment must be received by **December 21, 2015** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** There will be assigned warm up schedules, emailed to all coaches the week of the meet, and posted around the pool deck. We will design the warm up schedule around the number of entries.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **1<sup>st</sup>-3<sup>rd</sup> place Team trophies**  
**Individual events: 1<sup>st</sup> place trophy: 2<sup>nd</sup>-6<sup>th</sup> place medals.**  
**Relays: 1<sup>st</sup> place Medals**  
**Meet Referee: Paul Longo: [longop65@gmail.com](mailto:longop65@gmail.com)**
- OFFICIALS:** Officials wishing to volunteer should contact Meet Referee by **December 14, 2014.**
- ADMIN. OFFICIAL:** **Administrative Official: Larry Sheinberg: [jlinvestigations\\_brooklyn@aol.com](mailto:jlinvestigations_brooklyn@aol.com)**
- MEET DIRECTOR:** **Kelly Ullrich :[longbeachaquatics@gmail.com](mailto:longbeachaquatics@gmail.com)**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.  
**"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
**Depth of pool starts at 10' deep at diving end & gradually gets to 4' deep at non-diving end**
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Long Beach Aquatics & the Long Beach School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**
- DECK CHANGING:** **Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.**
- ADMISSION:** **\$3.00 for meet program**  
**\$5.00 for admission**
- MERCHANT:** There will be a concession stand available in close proximity to pool.
- PARKING:** **There is ample parking on school grounds.**

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## Event

<b>1-2</b>	<b>8 yr. old 50 freestyle</b>
<b>3-4</b>	<b>7 yr. old 25 freestyle</b>
<b>5-6</b>	<b>6 &amp; under 25 freestyle</b>
<b>7-8</b>	<b>8 yr old 100 IM</b>
<b>9-10</b>	<b>6 &amp; under 25 backstroke</b>
<b>11-12</b>	<b>7 yr. old 25 backstroke</b>
<b>13-14</b>	<b>8 yr. old 50 backstroke</b>
<b>15-16</b>	<b>6 &amp; under 25 butterfly</b>
<b>17-18</b>	<b>7 yr. old 25 butterfly</b>
<b>19-20</b>	<b>8 yr. old 50 butterfly</b>
<b>21-22</b>	<b>7 yr. old breaststroke</b>
<b>23-24</b>	<b>8 yr old 50 breaststroke</b>
<b>25-26</b>	<b>7 &amp; under 100 free relay</b>
<b>27-28</b>	<b>8 yr. old 100 free relay</b>