



Metro 8 & Under Championships

Hosted by Condors Swimming

March 5th - 6th, 2016

Sanction #160305

Metro 8 & Under Championships

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SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #160305

LOCATION: Felix Festa Middle School Pool
30 Parrott Road
West Nyack, NY 10994

FACILITY: 50 meter pool with 7-foot lanes and non-turbulent lane lines. Shallow end of pool will be used for continuous warm up and warm downs. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators. The pool has not been certified in accordance with Article 104.2.2C (4)

SESSIONS: Session 1: Saturday Morning (**8yo Girls, 7&under Boys**) – Warm-Up 9:00 AM, Start 10:00 AM
Saturday is "Parade Day." Parade will start at 8:15am. DO NOT BE LATE!
Session 2: Saturday Afternoon (**8yo Boys, 7&under Girls**) – Warm-Up 3:30 PM, Start 4:30 PM
Saturday is "Parade Day." Parade will start at 2:45pm. DO NOT BE LATE!
Session 3: Sunday Morning (**8yo Girls, 7&under Boys**) – Warm-Up 8:00 AM, Start 9:00 AM
Session 4: Sunday Afternoon (**8yo Boys, 7&under Girls**) – Warm-Up 1:30 PM, Start 2:30 PM

Note: There is a basketball tournament also scheduled at Felix Festa during this weekend. The Natatorium/swimming facility has been assigned parking spots that they are to use during this meet. We do anticipate issues with parking! The Condors would suggest that swim meet patrons SERIOUSLY consider car-pooling and parking in the BOCES parking lot that is at the intersection of Germonds Road and Parrott Road.

FORMAT: This will be a timed finals event. This is a deck seeded meet.

ELIGIBILITY: Open to all Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **March 5, 2016** will determine age for the entire meet.

DISABILITY SWIMMER: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: Swimmers may be entered in 3 individual events Saturday & Sunday. ***All entries must be in yards and NT will not be accepted.*** Swimmers can be entered in 2 relays per day.

Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A Master Sheet must accompany all entries.

U.S. Mail Entries/Payment to:

**Condors Swim Club
115 North Main Street
New City, NY 10956**

Email Entries/Confirm Entry Receipt: **Laurie@CondorsSwimming.com**
Sign Express Mail Waiver allowing delivery without signature.

DEADLINE: **Entries must be received by : February 20, 2016**

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of **\$4.00** per individual event and **\$10.00** per relay event must accompany the entries. **\$1.00** Athlete surcharge
Make check payable to: **Condors Swim Club.**
Payment must be received by **February 20, 2016** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach. The Meet Director WILL be assigning warm-up times and lanes to ensure safety.

SCRATCH: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: **Individual Events:** Medals for 1st through 8th places, Ribbons for 9th through 16th places.
Relay Events: Medals for 1st through 3rd places, Ribbons for 4th through 8th places.

Team Spirit Award: There will be an award presented to the team who demonstrates the most Team Spirit. The winner will be determined by a vote held by the coaches representing all the teams attending the meet. Each team will receive one vote.

High Point Awards: Top three individual high point scorers in each age group will win a high point award. The top 6 fastest swims for each swimmer will be used to calculate points for the high point award.

There are NO team scores calculated for this meet.

OFFICIALS: **Meet Referee:** Mike Natale
Officials wishing to volunteer should contact Meet Referee by email Mike4swimming@yahoo.com
Admin Referee: Mike Natale

MEET DIRECTOR: Laurie Lawson, Laurie@condorsswimming.com. 267-237-4876, Julie Schatz, office@condorsswimming.com, 845-638-4381

ADMIN OFFICIAL: Laurie Lawson, Laurie@condorsswimming.com. 267-237-4876, Julie Schatz, office@condorsswimming.com, 845-638-4381

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: **All swimmers must wear footwear upon leaving the pool area.**

Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

WATER DEPTH: USA 2012 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
1.0 meter = 4 feet 6 inches, 5 meters = 13 feet

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown Central School District, Condors Swim Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

AUDIO/VISUAL STATEMENT: Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms or behind the blocks – 202.3 and 202.4 (effective January 1, 2012)

DECK CHANGING: Deck Changes are prohibited.

ADMISSION \$5.00 Adults/session (15 & OVER) \$3.00 Program/session free wifi access

MERCHANT: A concession stand will be available throughout the duration of the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet. T-shirt vendor also on site.

PARKING: There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing.

Note: *There is a basketball tournament also scheduled at Felix Festa during this weekend. The Natatorium/swimming facility has been assigned parking spots that they are to use during this meet. We do anticipate issues with parking! The Condors would suggest that swim meet patrons SERIOUSLY consider car-pooling and parking in the BOCES parking lot that is at the intersection of Germonds Road and Parrott Road.*

DIRECTIONS: From North of Rockland County: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

From the George Washington Bridge: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the Tappan Zee Bridge: Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.



Saturday is "Parade Day." Parade will START AT 8:15am. DO NOT BE LATE!

Session 1 – 8yo Girls/7 & under Boys
 Saturday AM, March 5
 Warm-up 9:00 AM / Start 10:00 AM

Girls	Event	Boys
1	Girls 8 Year Olds 100 Freestyle	
	Boys 7 & Under 100 Freestyle	2
3	Girls 8 Year Olds Under 100 Medley Relay	
	Boys 7 & Under 100 Medley Relay	4
	Boys 6 & Under 50 Freestyle	5
6	Girls 8 Year Olds 25 Backstroke	
	Boys 6 & Under 25 Backstroke	7
	Boys 7 Year Olds 25 Backstroke	8
9	Girls 8 Year Olds 25 Butterfly	
	Boys 6 & Under 25 Butterfly	10
	Boys 7 Year Olds 25 Butterfly	11
12	Girls 8 Year Olds 50 Breaststroke	
	Boys 7 & Under 50 Breaststroke	13
14	Girls 8 Year Olds 25 Freestyle	
	Boys 7 Year Olds 25 Freestyle	15
16	Girls 8 Year Olds Under 200 Freestyle Relay	
	Boys 7 & Under 200 Freestyle Relay	17

Saturday is "Parade Day." Parade will START AT 2:45pm. DO NOT BE LATE!

Session 2 – 8yo Boys/7 & Under Girls
 Saturday PM, March 5
 Warm-up 3:30pm / Start 4:30pm

Girls	Event	Boys
	Boys 8 Year Olds 100 Freestyle	18
19	Girls 7 & Under 100 Freestyle	
	Boys 8 Year Olds Under 100 Medley Relay	20
21	Girls 7 & Under 100 Medley Relay	
22	Girls 6 & Under 50 Freestyle	
	Boys 8 Year Olds 25 Backstroke	23
24	Girls 6 & Under 25 Backstroke	
25	Girls 7 Year Olds 25 Backstroke	
	Boys 8 Year Olds 25 Butterfly	26
27	Girls 6 & Under 25 Butterfly	
28	Girls 7 Year Olds 25 Butterfly	
	Boys 8 Year Olds 50 Breaststroke	29
30	Girls 7 & Under 50 Breaststroke	
	Boys 8 Year Olds 25 Freestyle	31
32	Girls 7 Year Olds 25 Freestyle	
	Boys 8 Year Olds Under 200 Freestyle Relay	33
34	Girls 7 & Under 200 Freestyle Relay	

Session 3 – 8yo Girls/7 & under Boys
 Sunday AM, March 6
 Warm-up 8:00 AM / Start 9:00 AM

Girls	Event	Boys
35	Girls 8 Year Olds 100 IM	
	Boys 7 & Under 100 IM	36
37	Girls 8 Year Olds Under 100 Freestyle Relay	
	Boys 7 & Under Freestyle Relay	38
	Boys 6 & Under 25 Freestyle	39
40	Girls 8 Year Olds 50 Backstroke	
	Boys 6 & Under 50 Backstroke	41
	Boys 7 Year Olds 50 Backstroke	42
43	Girls 8 Year Olds 25 Breaststroke	
	Boys 6 & Under 25 Breaststroke	44
	Boys 7 Year Olds 25 Breaststroke	45
46	Girls 8 Year Olds 50 Butterfly	
	Boys 7 & Under 50 Butterfly	47
48	Girls 8 Year Olds 50 Freestyle	
	Boys 7 & Under 50 Freestyle	49
50	Girls 8 Year Olds Under 200 Medley Relay	
	Boys 7 & Under 200 Medley Relay	51

Session 4 – 8yo Boys/7 & Under Girls
 Sunday PM, March 6
 Warm-up 1:30 PM / Start 2:30 PM

Girls	Event	Boys
	Boys 8 Year Olds 100 IM	52
53	Girls 7 & Under 100 IM	
	Boys 8 Year Olds Under 100 Freestyle Relay	54
55	Girls 7 & Under 100 Freestyle Relay	
56	Girls 6 & Under 25 Freestyle	
	Boys 8 Year Olds 50 Backstroke	57
58	Girls 6 & Under 50 Backstroke	
59	Girls 7 Year Olds 50 Backstroke	
	Boys 8 Year Olds 25 Breaststroke	60
61	Girls 6 & Under 25 Breaststroke	
62	Girls 7 Year Olds 25 Breaststroke	
	Boys 8 Year Olds 50 Butterfly	63
64	Girls 7 & Under 50 Butterfly	
	Boys 8 Year Olds 50 Freestyle	65
66	Girls 7 Year Olds 50 Freestyle	
	Boys 8 Year Olds Under 200 Medley Relay	67
668	Girls 7 & Under 200 Medley Relay	