



**2016-MR-Patriot Distance Meet  
Nov 5, 2016 @Beacon HS**

Sanction #161113

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# 2016-MR-Patriot Distance Meet

Nov 5, 2016

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #161113
- LOCATION:** Beacon HS Natatorium  
101 Matteawan Rd,  
Beacon, NY. 12508
- FACILITY:** 6 Lane 25 Yard Pool utilizing Colorado Timing System and Scoreboard  
The pool **Has Not** been certified in accordance with Article 104.2.2C (4) The competitive course is 4-13 feet deep. **NO SMOKING ALLOWED IN THE BUILDING.** Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility.
- SESSIONS:** Sat Session #1 - 12pm Warm up 12:30pm Start, Session #2 - 1:45pm Warm up 2:20pm Start
- FORMAT:** Timed Finals **Events will be run fast to slow, alternating girls/boys**  
Deck Seeding **All Swimmers must provide their own Timers & Counters**
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
Age on **Nov 5, 2016** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter 2 Individual events per session.**  
**Entries are accepted on a first come, first served basis. Entries received after the entry deadline will only be accepted if the meet is not full. Deck Entries are NOT permitted. All Entries must be sent as a Hy-Tek or TU file. Manual Entries will NOT be accepted. Mail payment along with Meet Entry Fee Report**
- U.S. Mail Entries/Payment to: **Patriot Aquatics, PO Box 484, Jefferson Valley, NY 10535**  
Email Entries/Confirm Entry Receipt: **patriotentries@gmail.com**  
**Signature Waiver Required for Express Mailed Entries**
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **Oct 21, 2016.**  
2: The final entry deadline for this meet is **Oct 24, 2016**  
3: Entries from other LSC's and Metro entries received after **Oct 21** will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$5.00** per individual event must accompany the entries.  
Make check payable to: **Patriot Aquatics.**  
Payment must be received by **Oct 24, 2016** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **General Warm up in effect. Sprint lanes will be available 20 minutes prior to the end of each warm up. Lanes 1 & 6 will remain General warm up during sprints.**
- SCRATCHES:** **Scratches for 1650 are due by email by 4pm on Nov 4<sup>th</sup>. Scratches for events 3-6 will be by scratch sheet provided at Session 2 warm up.**

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **Medals 1-3, Ribbons 4-6**
- OFFICIALS:** **Meet Referee: Ken Graham (E-mail: [ksg@alumni.caltech.edu](mailto:ksg@alumni.caltech.edu))**  
Officials wishing to volunteer should contact Meet Referee by **NOV 1rd.**
- MEET DIRECTOR:** **Robert Vializ, [patriotentries@gmail.com](mailto:patriotentries@gmail.com) 914 497 4716**
- ADMIN OFF:** Richard Gash
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- Deck Changing is NOT permitted
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against **The Beacon City School District, Patriot Swim Team**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for injuries to anyone during the conduct of the meet..
- AUDIO/VISUAL STATEMENT** **The use of audio or visual recording devices, including a cell phone or tablet device, is not permitted in changing areas, rest rooms or locker rooms. No Photography or Video recording is permissible behind the starting platforms**
- Photographic Policy** Any photographer or videographer, who intends to take pictures at a Metropolitan Swimming Sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing Activity. Forms are available on the Metropolitan Swimming website as Well as from the Meet Director.
- ADMISSION:** **\$5 Admission Fee, \$3 for Programs**
- MERCHANTS:** **Food and Beverage Concessions provided by Patriot Swim Team.**
- PARKING:** **There is ample free parking**
- DIRECTIONS:** **From Interstate 84.**  
Take exit 12 and go south on Route 52. Make a right onto Prospect Street, go up the hill and bear left onto Matteawan Road. Go about ¼ mile and make a right into the first entrance for the HS. Aquatic Center is directly in front.  
**From South.**  
Take Route 9 north. Make a left onto Route 403. Go to end then make a right onto Route 9D. Take 9D into the City of Beacon. Make a right onto South Chestnut Street and go to end. Make a left onto Verplanck Avenue then make the first right onto Matteawan Road. Continue for about ¼ mile and make a left into the last entrance for the HS. Aquatic Center is directly in front.

# 2015-MR-Patriot Distance Meet

Nov 5, 2016

**IMPORTANT\*\*\*** Scratches for 1650 will be due by 4pm Nov 4.

Coaches will be notified which 1650 Swimmers will be in Session #1 by 6pm Nov 4

**Saturday Nov 7, 2015 Warm-up 12:00pm Start 12:30m**

GIRLS	EVENT	BOYS
1	13 & Older 1650 Free Fastest 2 Heats each Gender	2

Please Note: Events will be seeded and run Fastest to slowest and will be alternated Girls Boys

ALL Swimmers must provide their own Counters and Timers

**Saturday Nov 7, 2015 Warm-up 1:45pm Start 2:20pm**

GIRLS	EVENT	BOYS
1	13 & Older 1650 Free Heats from 13 <sup>th</sup> seed and slower	2
3	11 & Older 400 IM	4
5	9-12 500 Free	6

Please Note: Events will be seeded and run Fastest to slowest and will be alternated Girls Boys

ALL Swimmers must provide their own Counters and Timers