

**RIVERTOWN RAYS
HEADLESS HORSEMAN 12 & U MEET
SANCTION #161020**



**RA HEADLESS HORSEMAN 12 & U
October 29-30**

Invited Teams: AG APEX CAS CFJV CENT DA FREE GAEL GATE HS HVD IA LBA
LIE MAKO MPNY MWSC NBS NCAC NDAC NYCC NYSA QNS PATS RAC
RFAC RIST SMC SSC SSL TS TVSC WAC WEST WSA YFD YMID VAC
(Contact Meet Director to be added to list)

RA HEADLESS HORSEMAN 12&U

October 29 & 30

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #161020
- LOCATION:** **EF SCHOOLS**
100 Marymount Ave.
Tarrytown, NY 10591
- FACILITY:** 6 Lane 25 Yard Pool utilizing SST Timing System and SST Virtual Scoreboard
The pool Has not been certified in accordance with Article 104.2.2C (4)
The competitive course is 4 -12 feet deep. **NO SMOKING ALLOWED IN THE BUILDING.** Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility.
- SESSIONS:** Sat & Sun 7:40am Warm up 8:40am Start
- FORMAT:** **Timed Final**
Deck Seeding
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
No "Deck Registrations" will be accepted
Age on **October 29, 2016** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter 4 individual and 1 Relay per session.** Entries are accepted on a first come, first served basis. Entries received after the entry deadline will only be accepted if the meet is not full. Deck Entries are NOT permitted. All Entries Must be sent as a Hy-Tek or Team Unify file. Manual Entries will NOT be accepted. Mail payment along with Meet Entry Fee Report
- U.S. Payment to: **Rivertown Aquatics, Inc. 11 Holland Ave. Sleep Hollow, NY 10591. We can also Accept Credit Card Payment on the first day of Meet.**
Email Entries/Confirm Entry Receipt: **anissasullivan@gmail.com**
Signature Waiver Required for Express Mailed Entries
- DEADLINE:** **Entries must be received by : October 20, 2016**
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of \$ **5.00** per individual event, \$12.00 for Relays and \$ 5.00 per swimmer surcharge must accompany the entries.
Make check payable to: **Rivertown Aquatics, Inc**
Payment must be received by **October 29, 2016** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** Warm up assignment will be emailed to all coach's once entries are finalize.

Sprint lanes will be available 15 minutes prior to the end of each warm up. Lanes 1 & 6 will remain General warm up during sprints.

- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Medals 1-3, Ribbons 4-8 for 12 & Under Events
- OFFICIALS:** **Meet Referee: Paul McClintock**
Officials wishing to volunteer should contact Meet Referee by
- ADMIN. OFFICIAL:** **Administrative Official: Anissa Sullivan annisasullivan@gmail.com**
- MEETDIRECTOR:** **Anissa Sullivan, annisasullivan@gmail.com**
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** **All swimmers must wear footwear upon leaving the pool area.**
Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement” . DECK changes are prohibited.**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
Water Depth is 4 feet to 12 feet.
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **EF Schools and Rivertown Aquatics, Inc** , Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks**
- DECK CHANGING:** **Deck changes are prohibited.**
- ADMISSION:** \$5 Admission Fee, \$3 for Programs
- MERCHANTS:** Food and Beverage Concessions provided by Rivertown Rays. Kiki’s Short, pants and skirts by Kiki’s Nation
- PARKING:** **There is parking in the EF Lot, but if the lot is full there is available street parking available. Please consider car pooling as there is limited.**

DIRECTIONS:

BY CAR: I-287W toward Tappen Zee Bridge, Take the 119 Exit, Exit 1, toward Tarrytown/Saw Mill PKWY. Merge onto White Plains Road/NY-119 toward Tarrytown. Turn Slightly right onto Benedict Ave/County Hwy-1511, Continue to Benedict Ave. Turn Right onto Highland Ave. Take 3rd Left onto Union Ave. Take the 1st right onto Marymount Ave. 100 Marymount Ave is on the right. The pool parking lot is further down on the Left.

RA Headless Horseman Invite

10/29/16 – 10/30/16

Session 1: Saturday, October 29, 2016

Warm-up 7:45am Start 8:45am

| Girls | Age | Event | Boy |
|-------|---------|---------------|-----|
| 1 | 11-12 | 100 Free | 2 |
| 3 | 9-10 | 50 Free | 4 |
| 5 | 8/Under | 50 Free | 6 |
| 7 | 11-12 | 50 Breast | 8 |
| 9 | 9-10 | 100 Breast | 10 |
| 11 | 8/Under | 50 Breast | 12 |
| 13 | 11-12 | 100 Back | 14 |
| 15 | 9-10 | 50 Back | 16 |
| 17 | 8/Under | 50 Back | 18 |
| 19 | 11-12 | 100 Butterfly | 20 |
| 21 | 9-10 | 100 Butterfly | 22 |
| 23 | 8/Under | 50 Butterfly | 24 |

Session 2: Sunday, October 30, 2016

Warm-up 07:45am Start 08:45am

| Girls | Age | Event | Boy |
|-------|---------|------------|-----|
| 25 | 11-12 | 50 Free | 26 |
| 27 | 9-10 | 100 Free | 28 |
| 29 | 8/Under | 100 Free | 30 |
| 31 | 11-12 | 100 Breast | 32 |
| 33 | 9-10 | 50 Breast | 34 |
| 35 | 8/Under | 100 Breast | 36 |
| 37 | 11-12 | 50 Back | 38 |
| 39 | 9-10 | 100 Back | 40 |
| 41 | 8/Under | 100 Back | 42 |