

Meet Announcement



Sachem New Years Splash IMR Challenge

January 8th & 9th 2016

Sanction# 160100

Time Trial# 160150-T

**** This Meet will be featuring Hot Heats again. Each event will feature a random heat number. The winner of that heat will receive a \$5-dollar gift card to Starbucks, Carvel, Dunkin Donuts, etc. The gifts will be subject to availability and will be determined by the start of the meet**

Sachem New Years Splash IMR Challenge

January 8th & 9th 2016

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # **160100**
Time Trial# 160150-T
- LOCATION:** **Sachem East & North High School**
177 Granny Rd Farmingville NY 11738, 212 Smith Street Lake Ronkonkoma
- FACILITY:** **Daktronic's & Colorado electronic timing systems & 6-lane electronic scoreboard. 25 yards, 6 lane pool**
The pools **Has NOT** certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Session 1 - 5:00pm Warm-up 6:00pm Start – January 8th Age groups 13 & O Sachem North**
Session 1 - 5:00pm Warm-up 6:00pm Start – January 8th Age groups 12 & U Sachem East

Saturday All age groups will be swimming at North following the schedule below
Session 2 – 8:30am Warm-up 9:30am Start – January 9th Age groups 11-12 & 13-14
Session 3 – 2:00PM Warm-up 2:30 Start – January 9th Age groups opened
Session 4 – 4:30pm Warm-up 5:30 Start – January 9th Age groups 10 & under & Open
Time Trials will be available sessions 2 & 4 if time permits. Inquire with the computer table at the meet.
- FORMAT:** **All events are timed finals.**
Seeding will be conducted at the beginning of each session utilizing a scratch sheet procedure.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
No "Deck Registrations" will be accepted
Age on **January 8th 2016** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Limit of 4 events per session. Meet will be run using Hy-Tek's meet manager. All entries must be in yards; NT will not be accepted. Session 3 is limited to 2 hours before scratches and you must provide your own timer & counter. Events in this session only will be swum fastest to slowest**
Entries are accepted on a first come/first serve basis. All entries must be in Hy-Tek entry format.
New Mailing Address
U.S. Mail Entries/Payment to: **Sachem Swim Club P.O Box 191 Ronkonkoma, NY 11779**
Email Entries/Confirm Entry Receipt: **efisher@me.com**
Signature waiver required for Express Mailed Entries/Payments
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **November 1st 2015.**
2: The final entry deadline for this meet is **December 30th, 2015**
3: Metro entries received between **August 4th** and **November 1st 2015** and all entries from other LSC's will be entered in the order they were received, as space allows.
- ENTRY FEE:** An entry fee of **\$\$4.00** per individual event must accompany the entries.
Make check payable to: **Sachem Swim Club**
Payment must be received by **January 8th 2016** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **Warm-up Lanes will be assigned. Assignment sheet will be at the computer table.**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Medals 1st – 3rd, Ribbons 4th – 6th for individual events. Medals for the top 3 relays. High Point trophies will be award solely on the performance in the following events for each age group events (8&U, 9-10 Age Group-100 Free, 100IM, 50 Back, 50 Breast and 50 Fly) (11-12 Age Group 200 Free, 100IM, 50 Back, 50 Breast and 50 Fly), (13-14, & 15-18 Age Group 200 Free, 100 Back, 100 Breast, 100 Fly and 200IM)..

OFFICIALS: **Meet Referee:** [Nelson Gonzalez – Nelsonshorses1@aol.com](#) phone# 631-834-6944
Officials wishing to volunteer should contact Meet Referee by **January 2nd 2016**.

Admin

Official: **Administrative Official:** [Eric Fisher – efisher@me.com](#) 631-807-3525

MEET

DIRECTOR: **Eric Fisher** [efisher@me.com](#) 631-807-3525

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”

WATER DEPTH: USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."

Diving end water depth – 12 feet at 1 meter, 8 feet at 5 meters
Shallow end water depth – 4 feet at 1 meter, 10 feet at 5 meters

DISCLAIMER: **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Sachem School & Sachem Swim Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

AUDIO/VISUAL STATEMENT: **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**

DECK CHANGING: **Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.**

ADMISSION: **\$5 per adult – \$2 for session program.**

MERCHANTS: Vendors will be available on site for the purchase of suits, bags, towels, goggles and apparel. **Hot and cold dishes, snacks, desserts, and beverages will be available**

PARKING: School parking lot available for use. Parking is free

DIRECTIONS: Sachem East- Long Island Expressway to Exit 63. Head North on North Ocean Avenue, until you reach Granny Road. Make a right on Granny and Sachem East is on the left about ½ miles down the road

Sachem North- Long Island Expressway to Exit 60. Service Road to Hawkins Avenue Traffic Light. Continue North on Hawkins Avenue until Five Corners Intersection. Turn right on to Smith Street. School is on the rig

Warm-up 5pm	Session 1	Start 6pm
	12 & U East Pool	
	Friday January 8th 2016	
Girls	Events	Boys
1	10 & Under 100 Free	2
3	11-12 200 Free	4
5	10 & Under 50 Back	6
7	11-12 50 Back	8
9	10 & Under 50 Breast	10
11	11-12 50 Breast	12
	Session 1	
	13 & Over North Pool	
	Friday January 8th 2016	
	Events	
13	13-14 200 Free	14
15	Open 200 IM	16
17	13-14 100 Back	18
19	Open 100 Fly	20
21	13-14 100 Breast	22
23	Open 100 Free	24

Warm-up 8:30am	Session 2	Start 9:30am
	Saturday January 9th 2016	
Girls	Event	Boys
25	11-12 50 Free	26
27	13-14 50 Free	28
29	11-12 100 IM	30
31	13-14 200 IM	32
33	11-12 50 Fly	34
35	13-14 100 Fly	36
37	11-12 100 Free	38
39	13-14 100 Free	40

Warm-up 2:00pm	Session 3	Start 2:30pm
	Saturday January 9th 2016	
	*limited to 3 heats of each & must provide your own timer	
Girls	Event	Boys
41	Mixed Open 1650 Free	41
42	Mixed Open 1000 Free	42

Warm-up 4:30pm	Session 4	Start 5:30pm
	Saturday January 9th 2016	
43	9-10 200 Free	44
45	Open 200 Free	46
47	9-10 50 Fly	48
49	Open 100 Back	50
51	9-10 100 IM	52
53	Open 100 Breast	54
55	9-10 50 Free	56
57	Open 50 Free	58