



NEW YORK SHARKS
Salute the Troops Meet
At West Point

Saturday and Sunday - January 28th and 29th 2017

Metro Sanction # 170120

NEW YORKS SHARKS 2016 Salute the Troops

January 28th & 29th, 2017

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 170120
- LOCATION:** West Point Academy
Arvin Gymnasium
727 Brewerton Road
WestPoint, New York 10996
- FACILITY:** Two Pools
1)13 and over Pool - Arvin Gymnasium Pool 8 x 25 yards lanes with non-turbulent lane dividers and Colorado timing system

2) 12 and under pool - Alumni Pool 10 x 25 yards lanes with non-turbulent lane dividers and Colorado timing system, United States Military Academy, West Point.
- Both Pool are in the same building separated by a lobby. There is ample seating at both pools. Please allow ample time to pass through West Point Security Check Point at entry gates.
- The pool had not been certified in accordance with Article 104.2.2C (4).
- SESSIONS:** Session 1: Saturday, AM – Warm-up 11:00am to 11:55am, 12:00pm Start time
Session 2: Sunday, AM – Warm-up 11:00am to 11:55am, 12:00pm Start time
- FORMAT:** This is a timed Finals meet.
The meet will be deck seeded.
- ELIGIBILITY:** Open to all registered swimmers. All swimmers participating in this meet must be registered by first day of the meet. Age on January 28, 2017 will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to competition.
- ENTRIES:** Swimmers may compete in 4 individual events per day and one relay. **NT's will not be accepted.** The host club reserves the right to keep their swimmers in the meet.
- The Distance sessions will be limited to 2 hours before scratches.** The distance swimmers must provide their own timers.
- Teams will be considered accepted when the host club accepts the entries. The host club must stay within the four hour per session rule.
- All received entries will be confirmed within 48 hours.**
- Emailed Hy-Tek entry file** is preferred. If sending by mail, entries should be sent on disk. A master sheet must accompany all entries.
- U.S. Mail Entries/Payment to:NY Sharks Aquatics, Inc,

c/o Edgar Perez
9 Green Road
Monroe, NY 10950

Email Entries/Confirm Entry Receipt: NYSASwimming@gmail.com.

Sign Express Mail Waiver allowing delivery without signature.

DEADLINE: The final entry deadline for this meet is **January 14, 2017**.

All requests received will be entered in the order they are received as space allows.

Attending team shall receive an email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of **\$6.00** per individual event for timed final event and **\$12.00** per relay.

Payment must be received by **January 27, 2017** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

Make check payable to: **NY Sharks Aquatics, Inc.**

WARM-UP: The meet director reserves the right to assign lanes for warm up based on the size of the meet. If lanes are not assigned; since both pool will be used, we use Lanes 3,4 and 5 for continuous one-way starts and Lanes 1, 2, 6, 7, 8 for warm-up in the Main pool only. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.

SCRATCH PROCEDURES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Medals will be given for 1st – 3rd place in each event and ribbons for 4th – 8th place. Awards will be awarded by age group.

OFFICIALS: Meet Referee: Craig Iorizzo
Officials wishing to volunteer should contact Meet Referee by email:
lorizzo4@optonline.net

MEET DIRECTOR: Melissa Kubik, Email nysaentries@gmail.com
ADMIN. OFFICIAL: Melissa Kubik, Email nysaentries@gmail.com

RULES: The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.** The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**

WATER DEPTH: USA 2012 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." **1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**

DISCLAIMER: **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against West Point Military Academy, New York Sharks Aquatics, Inc, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

AUDIO/VISUAL RULES: "Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks."

DECK CHANGING: Deck changing is prohibited.

ADMISSION: \$7.00 Adults/session \$3.00 Program/session

MERCHANT: A concession stand will **not** be available throughout the duration of the meet. A Swim shop vendor will be on site.

PARKING: **Parking is available adjacent to Crandell Gym.**

DIRECTIONS: Here is the link to a map of West Point Military Academy Campus. The pools are located in Arvin Gymnasium.

<https://goo.gl/images/t9xvRO>

From the North:

Take 1-87 South to Exit 16 Monroe Woodbury
Get on Route 6 E towards Bear Mountain
Keep left to continue on NY-293 N
Turn left onto NY-218 N/NY-293 N
Continue to follow NY-218 N

Slight right onto Washington Rd

Drive to Brewerton Rd
Turn right onto Brewerton Rd
Turn left to stay on Brewerton Rd
727 Brewerton Road

From Tappan Zee Bridge

Head west on I-287 W/I-87 N
Take exit 13N for Palisades Pkwy N toward Bear Mtn
Merge onto Palisades Interstate Pkwy N
Continue onto US-6 E/Palisades Interstate Pkwy N
At the traffic circle, take the 3rd exit onto US-9W N/Rte 9W
Exit onto NY-218 N toward NY-293/US-6
Slight right onto Washington Rd
Turn right onto Brewerton Rd
Turn left to stay on Brewerton Rd

From George Washington Bridge (New Jersey)

Take Palisades Parkway North
Continue onto US-6 E/Palisades Interstate Pkwy N
At the traffic circle, take the 3rd exit onto US-9W N/Rte 9W
Exit onto NY-218 N toward NY-293/US-6
Slight right onto Washington Rd
Turn right onto Brewerton Rd
Turn left to stay on Brewerton Rd

FACILITY RULES:

NO SMOKING within 50 feet of any entrance to the school or inside the school.
NO FOOD is allowed on deck. Liquid refreshments in plastic bottles are allowed.
NO GLASS BOTTLES or **JUICE BOXES** allowed on deck.

SESSION 1 – Saturday, January 28th – 11:00 AM Warm Up
Alumni Pool

Event #	Event	Event #
1	10 & Under 100 Free	2
3	12 & Under 200 Free	4
5	8 & under 25 Free	6
7	10 & Under 50 Fly	8
9	11-12 100 Fly	10
11	8 & under 25 Fly	12
13	10 & Under 50 back	14
15	11-12 200 Back	16
17	10 & Under 100 Breast	18
19	11-12 50 Breast	20
21	10 & Under 100 IM	22
23	10 & Under 200 Free Relay	24
25	11-12 200 Free Relay	26
	Half Hour warmup	
27	500 Free	28

**Event 27 will not start earlier than 2:00 PM.

***Please note that distance events must provide their own timers.

SESSION 1 – Saturday, January 28th – 11:00 AM Warm Up
Arvin Gymnasium

Event #	Event	Event #
29	13 & Over 200 Free	30
31	13 & Over 100 Breast	32
33	13 & Over 200 Fly	34
35	13 & Over 100 Free	36
37	13 & Over 200 Back	38
39	13 & Over 1650	40

** Event 39 will start no earlier than 2:30 PM – There is a warm up pool available during the meet so event 39 will start right after event 38 if later than 2:30 PM. Event 39 will start no earlier than 2:30PM.

***Please note that distance events must provide their own timers.

SESSION 3 – Sunday, January 29th – 11:00 AM Warm Up
Alumni Pool

Event #	Event	Event #
41	10 & Under 100 Back	42
43	11-12 100 Back	44
45	8 & under 25 Back	46
47	10 & Under 100 Fly	48
49	11-12 200 Breast	50
51	10 & Under 50 Breast	52
53	11-12 100 Breast	54
55	8 & under 25 Breast	59
57	11-12 200 IM	58
59	10 & Under 50 Free	60
61	11-12 50 Free	62
63	10 & Under 200 Medley Relay	64
65	11-12 200 Medley Relay	66
	Half hour warmup	
67	11-12 400 IM	68

**Event 67 will not start earlier than 2:15 PM.

***Please note that distance events must provide their own timers.

SESSION 3 – Sunday, January 29th – 11:00 AM Warm Up
Arvin Gymnasium

Event #	Event	Event #
69	13 & Over 20 200 IM	70
71	13 & Over 100 Back	72
73	13 & Over 200 Breast	74
75	13 & Over 100 Fly	76
77	13 & Over 50 Free	78
79	13 & Over 400 IM	80
81	13 & over 500 Free	82

** Event 79 will start no earlier than 2:30 PM – There is a warm up pool available during the meet so event 79 will start right after event 78 if later than 2:30 PM. Event 79 will start no earlier than 2:30PM.

***Please note that distance events must provide their own timers.



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____