



**SSC New Year's Splash**  
**January 6<sup>th</sup> & 7<sup>th</sup> 2017**  
**Sanction#170103 & 170151-T**

# SSC New Year's Splash

January 6<sup>th</sup> & 7<sup>th</sup> 2017

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 170103 &170151-T
- LOCATION:** **Sachem East & North High Schools**  
North 212 Smith Street, Lake Ronkonkoma NY 11779 East-177 Granny Rd Farmingville NY 11738
- FACILITY:** **Colorado electronic timing systems & 6-lane electronic scoreboard. 25 yards, 6 lane pool**  
The pool **Has Not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:**  
**Sachem North Pool is only for Friday night Age groups 12 & Under**  
Session 1 Friday Night **North Pool 5:00PM Warm-up 6:00 PM Start Age 12 & Under**  
Session 1 Friday Night **East Pool 5:00PM Warm-up 6:00 PM Start Age Groups 13 & Over**  
Session 2 Saturday AM **East Pool 8:00AM Warm-up 9:00AM Start Age Groups 11-12 13-14**  
Session 3 Saturday PM **East Pool 1:45PM Warm-up 2:10 PM Start Age Groups Opened**  
Session 4 Saturday PM **East Pool 4:30PM Warm-up 5:30PM Start Age Groups 10 & Under & Opened**  
\*Time Trials if time permits will be \$5.00 per event \$10.00 for relays
- **1650 & 1000 Free All swimmers must provide their own Timers & Counters \*Fast to Slow Seeding**
- FORMAT:** **All events are timed finals. Sessions are seeded slowest to fastest**  
**Seeding will be conducted at the beginning of each session utilizing a scratch sheet procedure**
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
"Deck Registrations" will NOT be accepted  
Age on **January 6<sup>th</sup> 2017** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Limit of 4 events per session, No NT's are allowed. Host team reserves the right to enter NT's**  
**Entries are accepted on a first come/first serve basis. All entries must be in Hy-Tek entry format.**  
**\*\*\*New Mailing Address\*\*\***  
U.S. Mail Entries/Payment to: **Sachem Swim Club P.O Box 191 Ronkonkoma, NY 11779**  
Email Entries/Confirm Entry Receipt: **efisher@me.com**  
**Signature waiver required for Express Mailed Entries/Payments**
- DEADLINE:**  
1: Metro LSC teams will be given priority on a first come/first served basis. Metro team's entries must be received by **October 1<sup>st</sup> 2016**.  
2: The final entry deadline for this meet is **December 20<sup>th</sup> 2016**  
3: Metro entries received between **September 1<sup>st</sup>** and **October 1<sup>st</sup> 2016**  
Entries from other LSC's will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$5.00** per individual even must accompany the entries.  
Make check payable to: **Sachem Swim Club**.  
Payment must be received by **January 5<sup>th</sup> 2017** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **Warm-up Lanes will be assigned. Assignment sheet will be at the computer table.**

- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **Medals 1<sup>st</sup>- 3<sup>rd</sup>, Ribbons 4<sup>th</sup>- 6 for each age group.**
- OFFICIALS:** **Meet Referee: [Allen Wone ssc.allenwone@gmail.com](mailto:ssc.allenwone@gmail.com)**  
Officials wishing to volunteer should contact Meet Referee by **December 29<sup>th</sup> 2016.**
- ADMIN. OFFICIAL:** **Administrative Official: [Carrie Marone – sscfundraiser@gmail.com](mailto:sscfundraiser@gmail.com) 516-330-5927**  
**[Conroy Lee - mdrnlee@gmail.com](mailto:mdrnlee@gmail.com)**
- MEET DIRECTOR:** **[Carrie Marone – sscfundraiser@gmail.com](mailto:sscfundraiser@gmail.com) 516-330-5927**  
**[Conroy Lee - mdrnlee@gmail.com](mailto:mdrnlee@gmail.com)**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** **All swimmers must wear footwear upon leaving the pool area.** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
Diving end water depth – 12 feet at 1 meter, 8 feet at 5 meters  
Shallow end water depth – 4 feet at 1 meter, 10 feet at 5 meters
- DISCLAIMER:** DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Sachem School & Sachem Swim Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.**
- DECK CHANGING:** **Deck changes are prohibited.**
- ADMISSION:** **\$5 per adult – \$2 for session program**
- MERCHANTS:** Vendors will be available on site for the purchase of suits, bags, towels, goggles and apparel. **Hot and cold dishes, snacks, desserts, and beverages will be available**
- PARKING:** School parking lot available for use. Parking is free

**DIRECTIONS:**

Long Island Expressway to Exit 60. Service Road to Hawkins Avenue Traffic Light. Continue North on Hawkins Avenue until Five Corners Intersection. Turn right on to Smith Street. School is on the right

Sachem East- Long Island Expressway to Exit 63. Head North on North Ocean Avenue, until you reach Granny Road. Make a right on Granny and Sachem East is on the left about ½ miles down the road

**DRONE OPERATION:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

| Warm-up 5pm  | Session 1                      | Start 6pm   |
|--------------|--------------------------------|-------------|
|              | <b>12 &amp; U North Pool</b>   |             |
|              | <b>Friday January 6th 2017</b> |             |
| <b>Girls</b> | Events                         | <b>Boys</b> |
| 1            | 10 & Under 100 Free            | 2           |
| 3            | 11-12 200 Free                 | 4           |
| 5            | 10 & Under 50 Back             | 6           |
| 7            | 11-12 50 Back                  | 8           |
| 9            | 10 & Under 50 Breast           | 10          |
| 11           | 11-12 50 Breast                | 12          |
|              |                                |             |
|              | <b>13 &amp; Over East Pool</b> |             |
|              | <b>Friday January 6th 2017</b> |             |
|              | Events                         |             |
| 13           | 13-14 200 Free                 | 14          |
| 15           | Open 200 IM                    | 16          |
| 17           | 13-14 100 Back                 | 18          |
| 19           | Open 100 Fly                   | 20          |
| 21           | 13-14 100 Breast               | 22          |
| 23           | Open 100 Free                  | 24          |

| Warm-up 8:00am | Session 2                        | Start 9:00am |
|----------------|----------------------------------|--------------|
|                | <b>Saturday January 7th 2017</b> |              |
| <b>Girls</b>   | Event                            | <b>Boys</b>  |
| 25             | 11-12 50 Free                    | 26           |
| 27             | 13-14 50 Free                    | 28           |
| 29             | 11-12 100 IM                     | 30           |
| 31             | 13-14 200 IM                     | 32           |
| 33             | 11-12 50 Fly                     | 34           |
| 35             | 13-14 100 Fly                    | 36           |

|    |                |    |
|----|----------------|----|
| 37 | 11-12 100 Free | 38 |
| 39 | 13-14 100 Free | 40 |

| Warm-up 1:45pm | Session 3   | Start 2:10pm |
|----------------|---|--------------|
|                | <b>Saturday January 7<sup>th</sup> 2017</b>               |              |
|                | *limited to 3 heats of each & must provide your own timer |              |
| <b>Girls</b>   | Event   | <b>Boys</b>  |
| 41             | Mixed Open 1650 Free                                      | 41           |
| 42             | Mixed Open 1000 Free                                      | 42           |

| Warm-up 4:30pm | Session 4                                   | Start 5:30pm |
|----------------|---|--------------|
|                | <b>Saturday January 7<sup>th</sup> 2017</b> |              |
| 43             | 10 & U 200 Free                             | 44           |
| 45             | Open 200 Free                               | 46           |
| 47             | 10 & U 50 Fly                               | 48           |
| 49             | Open 100 Back                               | 50           |
| 51             | 10 & U 100 IM                               | 52           |
| 53             | Open 100 Breast                             | 54           |
| 55             | 10& U 50 Free                               | 56           |
| 57             | Open 50 Free                                | 58           |

Continued Below



## Metropolitan Swimming Photographer Registration Form

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_