

2019 MR SSC New Year's Splash Saturday, January 5, 2019 Sanction #190103/Time Trial Sanction #190153-T

Invited Teams: All Metropolitan Swimming LSC Teams

Outside MR LSC Teams, please contact SSC Meet Entries

(ssc.meetentries@gmail.com) for an Invitation.

# 2019 MR SSC New Years Splash

Saturday, January 5, 2019

**SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 190103

Time Trial # 190153-T

LOCATION: Sachem East HS, 177 Granny Rd, Farmingville, NY 11738

FACILITY: 6 Lane by 25 yard competition pool

Daktronics Timing System, with 6 lane scoreboard

The pool Has NOT been certified in accordance with Article 104.2.2C(4)

SESSIONS: Session 1 – Ages 10 & Under, 15 & Over 8:00am Warm Up, 9:05am Start Time

Session 2 – 11 and Over \* 2 Hour Maximum – 1:15 Warm Up, 1:45 Start Time

Session 3 - Ages 11/12 & 13/14 4:30pm Warm Up. 5:35pm Start Time

\* Time Trials may be available - Time Permitting, \$5 per event

FORMAT: This is a Timed Finals Meet.

This meet will be Deck Seeded: Scratch sheets are due to the Administrative Table 30 mins

prior to the start of the session.

**ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet.

No "Deck Registrations" will be accepted

Age on January 5, 2019 will determine age for the entire meet.

**DISABILITY** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special

consideration.

SWIMMERS:

The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability

prior to the competition.

**ENTRIES:** All Athletes are limited to enter 4 events per session, except session 2 – 1 event only

Deck entries will not be accepted.

NT's will not be accepted. Host team reserves the right to enter NT's. Entries are by invited teams only. Hy-Tek Email entries will be accepted

U.S. Mail Entries/Payment to: Sachem Swim Club, PO Box 191, Ronkonkoma, NY 11779

Email Entries/Confirm Entry Receipt: ssc.meetentries@gmail.com \*\*PLEASE NOTE NEW EMAIL \*\*

Express Mail Entries – please waive signature

**DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro team's entries

must be received by December 20, 2018

2: The final entry deadline for this meet is January 1, 2019

3: Metro entries received between September 1, 2018 and December 20, 2018 will be entered

first.

Entries from other LSC's will be entered in the order they were received, as space allows.

An email confirming receipt of entries if you provide an email contact. Please contact Meet

Director if you do not receive such a report within 2 days of your original email.

**ENTRY FEE:** An entry fee of \$5.00 per individual event must accompany the entries.

Make check payable to: Sachem Swim Club of Long Island, Inc.

Payment must be received by 1/2/19 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

**WARM-UP:** General warm up with assigned lanes for the first 40 minutes. Sprint lanes and General lanes will be

available for the remaining 10 minutes. Lane assignments will be distributed along with the scratch

sheet each session.

**SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later

than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual

events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who

do not possess these credentials will be required to leave the deck area.

AWARDS: 12 and Under will receive Awards – Medals 1<sup>st</sup>-3<sup>rd</sup> Place Ribbons 4<sup>th</sup>-6<sup>th</sup>

No Awards will be given for Session 2

OFFICIALS: Meet Referee(s): Allen Wone - <u>ssc.allenwone@gmail.com</u>

Eric Fisher - efisher @me.com

Officials wishing to volunteer should contact Meet Referee by Januaryy 2, 2019

ADMIN. OFFICIAL: Administrative Official: Conroy Lee mdrnlee@gmail.com

MEET DIRECTOR: Conroy Lee mdrnlee@gmail.com

**RULES:** The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: All swimmers must wear footwear upon leaving the pool area.

Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure

compliance with this requirement"

WATER DEPTH: USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured

for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."

1 Meter – 15 Feet, 5 Meter – 12 Feet

**DISCLAIMER:** DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Sachem** 

Swim Club of Long Island, Nassau County, Nassau County Aquatic Center, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the

event."

AUDIO/VISUAL Use of Audio or visual recording devices, including a cell phone, is not permitted in changing

STATEMENT: areas, rest rooms, locker rooms or behind the starting blocks.

DRONE Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools,

athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes,

coaches, officials and/or spectators are present.

**DECK CHANGING:** Deck changes are prohibited.

**OPERATION:** 

ADMISSION: Admission \$5.00 per session

Programs \$2.00 per session

**MERCHANTS:** A concession stand may be available. No glass will be permitted on the deck.

A Swim Vendor may be available throughout the entire meet

PARKING: Free Parking available in school parking lots

### **DIRECTIONS:**

Long Island Expressway to Exit 63. Head North on North Ocean Avenue, until you reach Granny Road. Make a right on Granny road and Sachem east is on the left about  $\frac{1}{2}$  mile down the road. The school is set back way off the road. It is your second right after passing the elementary school

# SSC New Year's Splash Order of Events

## Session 1:

Warm-Up: 8:00 AM / Meet Starts: 9:05 AM

Girls Event #	<u>Event</u>	Boys Event #
1	15 & Over 200 IM	2
3	10 & Under 100 IM	4
5	15 & Over 100 Freestyle	6
7	10 & Under 100 Freestyle	8
9	15 & Over 100 Breaststroke	10
11	10 & Under 50 Breaststroke	12
13	15 & Over 100 Butterfly	14
15	10 & Under 50 Butterfly	16
17	15 & Over 100 Backstroke	18
19	10 & Under 50 Backstroke	20
21	15 & Over 50 Freestyle	22
23	10 & Under 50 Freestyle	24

## Session 2:

Warm-Up: 1:15PM / Meet Starts: 1:45PM
\*\*\* 2 Hour MAXIMUM Session Length \*\*\*

\*\* No Awards \*\*

Event #	<u>Event</u>	Event #
25	Mixed 11 and Up 500 Freestyle	
	Mixed 13 and Up 400 IM	26

### Session 3:

Warm-Up: 4:30PM / Meet Starts: 5:35PM

Girls Event #	<u>Event</u>	Boys Event #
27	13-14 200 IM	28
29	11-12 200 IM	30
31	13-14 100 Freestyle	32
33	11-12 100 Freestyle	34
35	13-14 100 Breaststroke	36
37	11-12 100 Breaststroke	38
39	13-14 100 Butterfly	40
41	11-12 100 Butterfly	42
43	13-14 100 Backstroke	44
45	11-12 100 Backstroke	46
47	13-14 50 Freestyle	48
49	11-12 50 Freestyle	50



# Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

### THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name		
Phone Number		
Government ID (driver's license preferred) or USA	A Swimming Registration Card:	
Type of ID#		
Taking photos of		
On behalf of		
Purpose		
Professional photographers/videographers will be Referee, and must adhere to the following guideli	e allowed on deck at the discretion of the Meet Directines:	ctor and Meet
Do not stand on the starting end of the pool, or in Director and Meet Referee.	n the starter's box; use of the bulkhead is at the discr	etion of the Meet
Do not stand on the edge of the pool (leave appro	oximately two feet for officials and coaches).	
Leave the deck when not actively photographing.		
Respond immediately to direction from the Meet	Referee.	
Signature	Today's Date	
Meet	Location	
Date(s) of meet		