

Metro Swimming

2016 Age Group Championships Time Standards

Short Course

Eligibility period: from **January 1, 2015** to the meet entry deadline - **standards updated 09/15/2015**

BRONZE not faster than					SILVER					JO					ZONE Q.					EVENT					ZONE Q.					JO					SILVER					BRONZE not faster than																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
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35.20	32.10-	35.19	32.09	31.09	50 Free	30.99	31.99	32.00-	35.19	35.20	1:18.50	1:11.00-	1:18.49	1:10.99	1:08.09	100 Free	1:08.99	1:10.59	1:10.60	1:18.49	1:18.50	2:49.60	2:32.00-	2:49.59	2:31.99	2:28.99	200 Free	2:27.99	2:31.99	2:32.00-	2:49.59	2:49.60	7:05.00	6:45.00-	7:04.99	6:44.99	6:30.49	500 Free	6:27.99	6:44.99	6:45.00-	7:05.99	7:06.00	41.90	37.20-	41.89	37.19	36.49	50 Back	36.69	37.49	37.50-	42.89	42.90	1:33.10	1:20.50-	1:33.09	1:20.49	1:17.99	100 Back	1:18.59	1:20.99	1:21.00-	1:37.09	1:37.10	47.80	43.00-	47.79	42.99	41.99	50 Breast	42.09	43.49	43.50-	48.59	48.60	1:46.20	1:33.00-	1:46.19	1:32.99	1:31.99	100 Breast	1:33.99	1:34.59	1:34.60-	1:48.39	1:48.40	42.40	36.00-	42.39	35.99	34.79	50 Fly	34.99	35.99	36.00-	43.89	43.90	1:38.00	1:26.00-	1:37.99	1:25.99	1:21.99	100 Fly	1:21.99	1:25.59	1:25.60	1:37.99	1:38.00	1:28.60	1:21.00-	1:28.59	1:20.99	1:17.99	100 IM	1:17.49	1:19.99	1:20.00	1:28.59	1:28.60	3:14.00	2:52.00-	3:13.99	2:51.99	2:48.99	200 IM	2:45.99	2:51.99	2:52.00-	3:13.99	3:14.00																																																																																																																																																																																																																																																																																																																																																																																																																		
GIRLS 11-12										BOYS 11-12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
31.00	28.30-	30.99	28.29	27.99	50 Free	27.69	28.29	28.30-	30.69	30.70	1:08.30	1:01.00-	1:08.29	1:00.99	1:00.29	100 Free	59.59	1:01.29	1:01.30-	1:06.99	1:07.00	2:25.90	2:12.40-	2:25.89	2:12.39	2:11.99	200 Free	2:11.69	2:13.29	2:13.30-	2:25.99	2:26.00	6:20.80	5:59.00-	6:20.79	5:58.99	5:57.99	500 Free	5:55.99	5:59.99	6:00.00-	6:31.99	6:32.00	36.10	32.30-	36.09	32.29	32.29	50 Back	32.49	32.79	32.80-	36.09	36.10	1:19.50	1:09.30-	1:19.49	1:09.29	1:09.19	100 Back	1:08.79	1:09.99	1:10.00-	1:17.49	1:17.50	2:46.70	2:30.00-	2:46.69	2:29.99	2:29.59	200 Back	2:31.99	2:32.99	2:33.00-	2:42.79	2:42.80	40.60	37.20-	40.59	37.19	36.59	50 Breast	36.99	36.99	37.00-	40.29	40.30	1:28.70	1:19.20-	1:28.69	1:19.19	1:18.59	100 Breast	1:19.59	1:19.59	1:19.60-	1:26.49	1:26.50	3:11.20	2:54.00-	3:11.19	2:53.99	2:50.59	200 Breast	2:53.99	2:53.99	2:54.00-	3:03.49	3:03.50	34.60	31.00-	34.59	30.99	30.59	50 Fly	30.59	31.09	31.10-	34.69	34.70	1:19.40	1:10.00-	1:19.39	1:09.99	1:08.99	100 Fly	1:09.49	1:11.99	1:12.00-	1:17.59	1:17.60	2:49.40	2:40.00-	2:49.39	2:39.99	2:37.99	200 Fly	2:36.99	2:39.99	2:40.00-	2:45.39	2:45.40	1:18.70	1:10.50-	1:18.69	1:10.49	1:09.99	100 IM	1:09.99	1:10.99	1:11.00-	1:17.19	1:17.20	2:48.10	2:29.50-	2:48.09	2:29.49	2:27.99	200 IM	2:28.59	2:29.99	2:30.00-	2:47.99	2:48.00	5:51.00	5:25.00-	5:50.99	5:24.99	---	400 IM	---	5:27.99	5:28.00-	5:52.99	5:53.00	GIRLS 13-14										BOYS 13-14										28.80	26.70-	28.79	26.69	26.69	50 Free	24.69	24.99	25.00-	26.79	26.80	1:03.10	57.50-	1:03.09	57.49	57.49	100 Free	53.99	53.99	54.00-	59.59	59.60	2:17.00	2:05.00-	2:16.99	2:04.99	2:04.99	200 Free	1:58.49	1:58.49	1:58.50-	2:14.19	2:14.20	5:50.60	5:33.00-	5:50.59	5:32.99	5:31.99	500 Free	5:21.99	5:21.99	5:22.00-	5:50.99	5:51.00	---	---	---	11:19.99	11:09.99	1000 Free	10:45.99	---	---	---	---	---	---	---	---	19:09.99	1650 Free	18:19.99	18:19.99	---	---	---	1:12.70	1:05.60-	1:12.69	1:05.59	1:05.59	100 Back	1:02.49	1:02.49	1:02.50-	1:08.29	1:08.30	2:36.30	2:20.00-	2:36.29	2:19.99	2:19.49	200 Back	2:15.29	2:15.29	2:15.30-	2:27.09	2:27.10	1:23.50	1:15.50-	1:23.49	1:15.49	1:15.49	100 Breast	1:10.99	1:10.99	1:11.00-	1:16.69	1:16.70	2:57.00	2:42.00-	2:56.99	2:41.99	2:40.59	200 Breast	2:35.19	2:35.19	2:35.20-	2:47.89	02:47.9	1:11.60	1:04.70-	1:11.59	1:04.69	1:04.69	100 Fly	1:00.99	1:00.99	1:01.00-	1:07.09	1:07.12	2:36.60	2:29.00-	2:36.59	2:28.99	2:25.79	200 Fly	2:19.99	2:19.99	2:20.00-	2:29.59	2:29.60	2:41.50	2:21.20-	2:41.49	2:21.19	2:21.19	200 IM	2:13.69	2:13.69	2:13.70-	2:31.09	2:31.10	5:26.00	5:04.00-	5:25.99	5:03.99	4:59.99	400 IM	4:45.99	4:45.99	4:46.00-	5:09.79	5:09.80	GIRLS 15-18										BOYS 15-18										AG-TC					AG-TC					28.30	26.60-	28.29	27.49	26.29	50 Free	23.49	24.79	23.80	25.19	25.20	1:01.10	57.80-	1:01.09	58.89	57.19	100 Free	51.29	53.49	52.00	54.49	54.50	2:10.60	2:04.50-	2:10.59	2:09.19	2:02.49	200 Free	1:53.49	1:57.99	1:54.00-	1:57.99	1:58.00	5:40.00	5:31.00-	5:39.99	5:39.99	5:27.99	500 Free	5:09.99	5:17.99	5:11.00-	5:17.99	5:18.00	---	---	---	11:09.99	11:09.99	1000 Free	10:45.99	---	---	---	---	---	---	---	---	19:09.99	1650 Free	18:03.49	18:03.49	---	---	---	1:10.10	1:05.50-	1:10.09	1:06.99	1:05.49	100 Back	59.49	1:01.59	1:00.00	1:03.89	1:03.90	2:29.30	2:21.00-	2:29.29	2:24.99	2:20.99	200 Back	2:09.99	2:13.99	2:11.00	2:16.89	2:16.90	1:20.90	1:15.20-	1:20.89	1:18.99	1:13.99	100 Breast	1:06.49	1:09.99	1:06.50	1:10.89	1:10.90	2:51.00	2:43.00-	2:50.99	2:46.99	2:37.89	200 Breast	2:29.99	2:31.99	2:30.10	2:36.79	2:36.80	1:09.60	1:05.00-	1:09.59	1:08.59	1:04.49	100 Fly	57.19	59.99	58.00	1:02.59	1:02.60	2:34.00	2:30.00-	2:33.99	2:31.99	2:24.99	200 Fly	2:12.49	2:19.99	2:12.50	2:24.99	2:25.00	2:30.00	2:20.00-	2:29.99	2:26.99	2:19.99	200 IM	2:07.99	2:14.99	2:08.00	2:27.79	2:27.80	5:23.30	5:05.00-	5:23.29	5:13.99	4:59.99	400 IM	4:41.99	4:45.89	4:42.00	4:45.89	4:45.90
GIRLS 13-14										BOYS 13-14																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
28.80	26.70-	28.79	26.69	26.69	50 Free	24.69	24.99	25.00-	26.79	26.80	1:03.10	57.50-	1:03.09	57.49	57.49	100 Free	53.99	53.99	54.00-	59.59	59.60	2:17.00	2:05.00-	2:16.99	2:04.99	2:04.99	200 Free	1:58.49	1:58.49	1:58.50-	2:14.19	2:14.20	5:50.60	5:33.00-	5:50.59	5:32.99	5:31.99	500 Free	5:21.99	5:21.99	5:22.00-	5:50.99	5:51.00	---	---	---	11:19.99	11:09.99	1000 Free	10:45.99	---	---	---	---	---	---	---	---	19:09.99	1650 Free	18:19.99	18:19.99	---	---	---	1:12.70	1:05.60-	1:12.69	1:05.59	1:05.59	100 Back	1:02.49	1:02.49	1:02.50-	1:08.29	1:08.30	2:36.30	2:20.00-	2:36.29	2:19.99	2:19.49	200 Back	2:15.29	2:15.29	2:15.30-	2:27.09	2:27.10	1:23.50	1:15.50-	1:23.49	1:15.49	1:15.49	100 Breast	1:10.99	1:10.99	1:11.00-	1:16.69	1:16.70	2:57.00	2:42.00-	2:56.99	2:41.99	2:40.59	200 Breast	2:35.19	2:35.19	2:35.20-	2:47.89	02:47.9	1:11.60	1:04.70-	1:11.59	1:04.69	1:04.69	100 Fly	1:00.99	1:00.99	1:01.00-	1:07.09	1:07.12	2:36.60	2:29.00-	2:36.59	2:28.99	2:25.79	200 Fly	2:19.99	2:19.99	2:20.00-	2:29.59	2:29.60	2:41.50	2:21.20-	2:41.49	2:21.19	2:21.19	200 IM	2:13.69	2:13.69	2:13.70-	2:31.09	2:31.10	5:26.00	5:04.00-	5:25.99	5:03.99	4:59.99	400 IM	4:45.99	4:45.99	4:46.00-	5:09.79	5:09.80	GIRLS 15-18										BOYS 15-18										AG-TC					AG-TC					28.30	26.60-	28.29	27.49	26.29	50 Free	23.49	24.79	23.80	25.19	25.20	1:01.10	57.80-	1:01.09	58.89	57.19	100 Free	51.29	53.49	52.00	54.49	54.50	2:10.60	2:04.50-	2:10.59	2:09.19	2:02.49	200 Free	1:53.49	1:57.99	1:54.00-	1:57.99	1:58.00	5:40.00	5:31.00-	5:39.99	5:39.99	5:27.99	500 Free	5:09.99	5:17.99	5:11.00-	5:17.99	5:18.00	---	---	---	11:09.99	11:09.99	1000 Free	10:45.99	---	---	---	---	---	---	---	---	19:09.99	1650 Free	18:03.49	18:03.49	---	---	---	1:10.10	1:05.50-	1:10.09	1:06.99	1:05.49	100 Back	59.49	1:01.59	1:00.00	1:03.89	1:03.90	2:29.30	2:21.00-	2:29.29	2:24.99	2:20.99	200 Back	2:09.99	2:13.99	2:11.00	2:16.89	2:16.90	1:20.90	1:15.20-	1:20.89	1:18.99	1:13.99	100 Breast	1:06.49	1:09.99	1:06.50	1:10.89	1:10.90	2:51.00	2:43.00-	2:50.99	2:46.99	2:37.89	200 Breast	2:29.99	2:31.99	2:30.10	2:36.79	2:36.80	1:09.60	1:05.00-	1:09.59	1:08.59	1:04.49	100 Fly	57.19	59.99	58.00	1:02.59	1:02.60	2:34.00	2:30.00-	2:33.99	2:31.99	2:24.99	200 Fly	2:12.49	2:19.99	2:12.50	2:24.99	2:25.00	2:30.00	2:20.00-	2:29.99	2:26.99	2:19.99	200 IM	2:07.99	2:14.99	2:08.00	2:27.79	2:27.80	5:23.30	5:05.00-	5:23.29	5:13.99	4:59.99	400 IM	4:41.99	4:45.89	4:42.00	4:45.89	4:45.90																																																																																																																																																																																																				
GIRLS 15-18										BOYS 15-18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
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28.30	26.60-	28.29	27.49	26.29	50 Free	23.49	24.79	23.80	25.19	25.20	1:01.10	57.80-	1:01.09	58.89	57.19	100 Free	51.29	53.49	52.00	54.49	54.50	2:10.60	2:04.50-	2:10.59	2:09.19	2:02.49	200 Free	1:53.49	1:57.99	1:54.00-	1:57.99	1:58.00	5:40.00	5:31.00-	5:39.99	5:39.99	5:27.99	500 Free	5:09.99	5:17.99	5:11.00-	5:17.99	5:18.00	---	---	---	11:09.99	11:09.99	1000 Free	10:45.99	---	---	---	---	---	---	---	---	19:09.99	1650 Free	18:03.49	18:03.49	---	---	---	1:10.10	1:05.50-	1:10.09	1:06.99	1:05.49	100 Back	59.49	1:01.59	1:00.00	1:03.89	1:03.90	2:29.30	2:21.00-	2:29.29	2:24.99	2:20.99	200 Back	2:09.99	2:13.99	2:11.00	2:16.89	2:16.90	1:20.90	1:15.20-	1:20.89	1:18.99	1:13.99	100 Breast	1:06.49	1:09.99	1:06.50	1:10.89	1:10.90	2:51.00	2:43.00-	2:50.99	2:46.99	2:37.89	200 Breast	2:29.99	2:31.99	2:30.10	2:36.79	2:36.80	1:09.60	1:05.00-	1:09.59	1:08.59	1:04.49	100 Fly	57.19	59.99	58.00	1:02.59	1:02.60	2:34.00	2:30.00-	2:33.99	2:31.99	2:24.99	200 Fly	2:12.49	2:19.99	2:12.50	2:24.99	2:25.00	2:30.00	2:20.00-	2:29.99	2:26.99	2:19.99	200 IM	2:07.99	2:14.99	2:08.00	2:27.79	2:27.80	5:23.30	5:05.00-	5:23.29	5:13.99	4:59.99	400 IM	4:41.99	4:45.89	4:42.00	4:45.89	4:45.90																																																																																																																																																																																																																																																																																																																																																																																												